

## Slow Stitch Wearable Art

Instructor: Paige St-Pierre

Instructor will provide all supplies.

### Optional Supply List

Participants are encouraged to bring any needles, threads etc they may already have.

### Hand Sewing Needles

- Embroidery / Crewel Needles: one pack, size 1
- Hand Needles: one variety pack
- Olympus Sashiko Hand Needles: one pack of two <https://www.wawak.com>

### Tools

- Embroidery scissors or thread snips: one pair 3"-5" long (optional)
- Standard Needle threader: one, any type
- Seam ripper: one
- Thimble: one, any type
- Needle felting tool (optional) <https://www.wawak.com> <https://www.joann.com/>

### Embroidery Floss & Threads

- DMC Pearl/Perle Cotton (single stranded) sizes 3 and size 5 in a color palette you like
- DMC Embroidery Floss (six stranded) (comes in one size only) in a color palette you like· Sashiko Variegated Thread - Tex 400 - 22 Yds. Comes in one size only (3 different skeins) in a color palette you like <https://www.herrschners.com>

<https://www.embroidery.com> <https://www.wawak.com>

[www.threadneedlestreet.com](http://www.threadneedlestreet.com)

### Questions?

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