



NORTH SEATTLE  
COLLEGE

# CONTINUING EDUCATION

*Live to Learn!*

**SPRING 2025**

**206.934.3705 | [www.learnatnorth.org](http://www.learnatnorth.org)**

**Registration Opens  
February 10**



**Spring into Action: Renew Your Passion for Learning and Growth!**

Intermediate Acrylic Painting | Forging Alloys: A Hands-On Workshop

Intro to Soldering: Copper and Silver Workshop | Introduction to Zine Making

Alternative Watercolor Methods | Getting Started With Excel

Real-Life Health Coaching Made Simple | Silk Road Stories: Trade, Culture and Empires

Decorating with Fondant | French Tarts

# Welcome to Continuing Education

## Celebrating Learning Since 1970

We are committed to enriching lives by:

- Offering lifelong learning opportunities
- Serving community needs and interests
- Expanding horizons through quality educational experiences



Visit our website for  
current course catalog.

[conted.northseattle.edu/about/catalog](http://conted.northseattle.edu/about/catalog)

## Spring 2025 Classes

Registration Begins February 10.



### ARTS

#### Art Appreciation

An Art of One's Own: The Story  
of Women in Art *M*

Spring at Seattle Art Galleries *W*

#### Ceramics

Beginning Ceramics *Sa*

Intermediate and Advanced  
Ceramics *F*

#### Drawing

Calligraphy for Beginners  
and Beyond *Sa*

Figure Drawing *F*

Introduction to Drawing *M or Th*

Introduction to Drawing 2 *W*

#### Jewelry

Beginning Jewelry Fabrication *F*

Forging Alloys: A Hands-On  
Workshop *Sa, Su*

Intermediate and Advanced  
Jewelry Fabrication *Tu*

Intro to Soldering: Copper and  
Silver Workshop *Sa, Su*

Production Essentials for  
Handmade Jewelry *W*

#### Mixed Media

Mixed Media Self Abstraction *W*

Tataki Zome: Plant Portraits  
with a Hammer *M*

### Music

Beginning Guitar *Tu*

Group Voice for All Levels *W*

Introduction to Afro-Caribbean  
Drum & Dance *W*

Jazz Ensemble *W*

Learn to Speak Guitar: Guitar  
and Theory Techniques *W*

Ukulele for Beginners *W*

Vocal Performance and Stage  
Technique Workshop *Arranged*

### Painting: Acrylic

Abstract Gelli Printing  
and Collage *Th*

Acrylic Painting *F*

Intermediate Acrylic Painting *F*

### Painting: Oil

Abstract Oils with Cold Wax  
Medium *F*

Oil Painting for Beginners *Tu*

Oil Painting 2 *W*

### Painting: Watercolor

Abstract Watercolors *Tu*

Alternative Watercolor Methods *M*

Exploring Color Theory Through  
Watercolor *M*

Landscapes in Watercolor *Sa*

Watercolors for Beginners *Sa*

### Photography

All About Color: Intermediate  
Photography *Sa*

Photography Basics: Techniques  
and Art *W*

### Printmaking & Screenprinting

Introduction to Zine Making *W*

Linocut Printmaking: All Levels *M*

### Sewing

Beginning Sewing *Th or Sa*

Sewing 2: Sew Much More *Sa*

### Wood Carving & Burning

3D Wood Carving for Beginners *M*

Spoon Carving for Beginners *M*

Wood Pyrography and Painting  
Workshop *M*

### Writing

Beginning Fiction: Crash Course *W*

Free-Writing Workshop *Th*

Writing as Metamorphosis  
and Rebellion *Sa*



### COMPUTER

#### Excel

Getting Started With Excel *Tu, Th*



### ENRICHMENT

#### Entertainment

Flying Saucer Cinema *F*

## Financial

First Time Homebuyers Class *Sa*  
How To Retire With Purpose *Tu*  
Retirement Fundamentals *Sa*  
Reverse Mortgage Essentials:  
A Comprehensive Guide *Th*  
Welcome to Medicare *Sa*

## Nature & Science

Map and Compass for Beginners *Tu*  
Mushrooms: Foraging,  
Identification and Exploration *Tu*

## Personal

Real-Life Health Coaching Made  
Simple *Sa*  
Silk Road Stories: Trade, Culture  
and Empires *Th*

## Travel

Travel the World Volunteering *M*



## FOOD

### Baking & Desserts

Cake Decorating for Beginners *Sa*  
Cookie Decorating for Beginners *Su*  
Decorating with Fondant *Sa*  
French Tarts *Su*



## FITNESS

### Dance

Ballroom Basics and Beyond *Th*  
West Coast Swing *Th*

## Exercise

Adaptive Fitness *W*  
Strength and Conditioning *Tu*

## Movement

Beginning Tai Chi: Grasping the  
Sparrow's Tail *Sa*  
Continuing Tai Chi: Grasping the  
Sparrow's Tail 2 *Sa*  
Introduction to Essential  
Somatics *W*  
Sustaining Vitality: Qigong *Th*  
Tai Chi Ruler: Simple Exercises for  
Health and Longevity *Tu*

## Yoga

Yoga for the Body *Th*



## HOME AND GARDEN

### Garden

Discovering the Bugs in Your  
Garden *W*

### Home Style

Basic Carpentry and  
Woodworking *Sa*  
Basic Hands-On Home Repair  
and Maintenance *Th*



## LANGUAGE

### ESL

Everyday English and Life Skills *M*  
Intermediate ESL Workshop:  
Speaking and Listening *M, W*  
TOEFL Preparation *W*

## French

French for Beginners *Tu*  
French from France: Putting Our  
French to Work *Sa*

## Italian

Italian for Beginners *Tu*

## Japanese

Conversational Japanese I *Th*  
Conversational Japanese II *Tu*

## Sign Language

Basic Sign Language *Tu*  
Sign Language Level 2 *Th*

## Spanish

Advanced Spanish Conversation  
Level 3 *Tu*  
Spanish for Fun and Travel  
Level 1 *W*  
Spanish for Fun and Travel  
Level 2 *Tu*  
Spanish for Fun and Travel  
Level 3 *M*



## PROFESSIONAL

### AFH

Adult Family Home Administrator  
Course *F, Sa*

### Business Skills

Canva for Beginners *W*  
Introduction to Public Speaking *Tu*

### Work for Yourself

Don't Throw It Away -  
Sell It Online *Th*

## TWO WAYS TO REGISTER

- 1 ONLINE**  
[www.learnatnorth.org](http://www.learnatnorth.org)
- 2 PHONE**  
206.934.3705

## SPRING QUARTER OFFICE HOURS

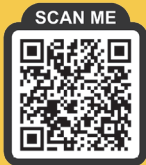
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North Seattle College  
9600 College Way North  
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Seattle, WA 98103-3599

**SPRING QUARTER:** 4/7/2025 – 6/23/2025  
**OFFICE HOURS:** Mon-Fri 8:30AM – 5:00PM  
**HOLIDAYS:** 5/26/25 Memorial Day  
6/19/25 Juneteenth Day

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