

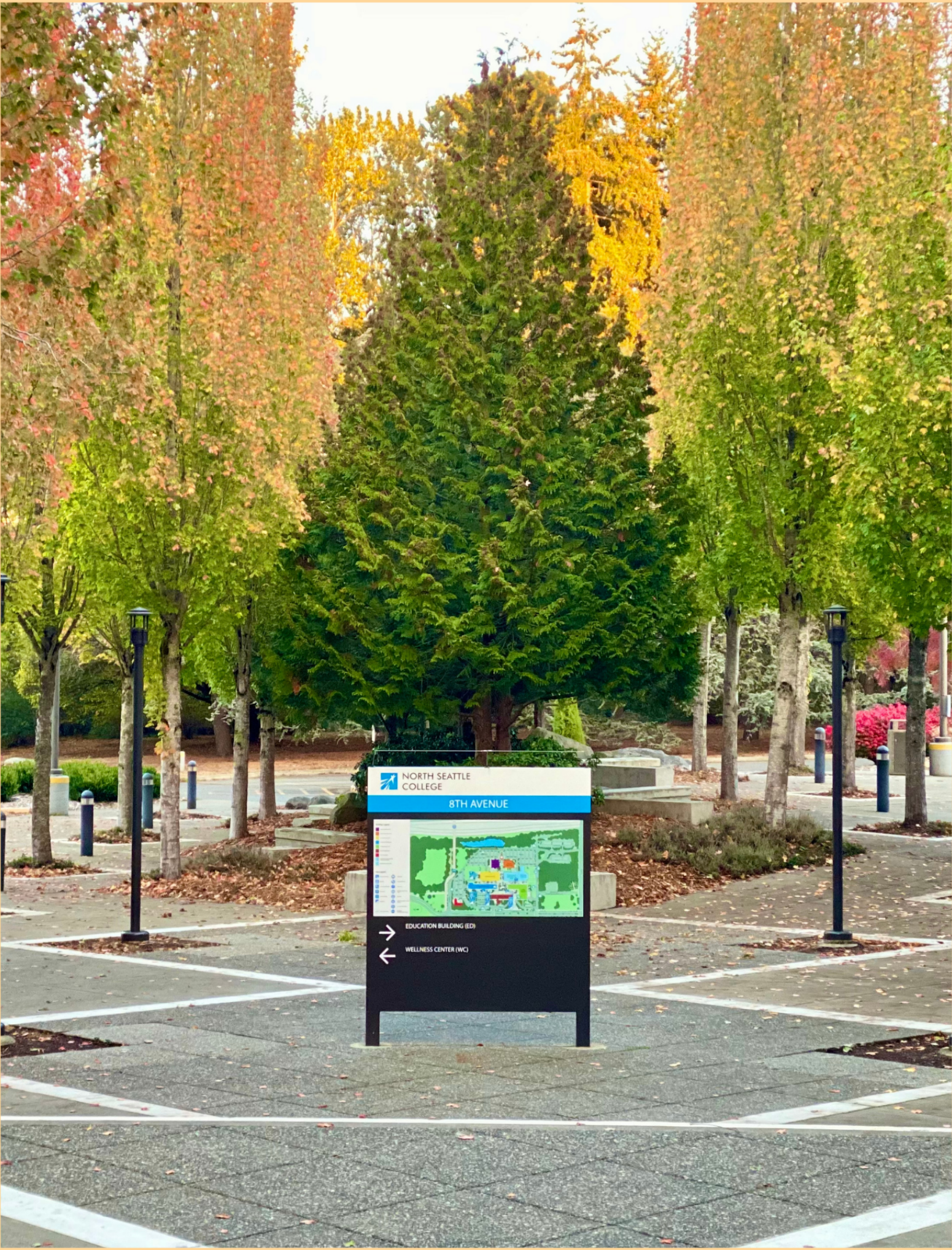
CONTINUING EDUCATION


Live to Learn!

FALL QUARTER 2025




Registration Opens August 11th!



 NORTH SEATTLE COLLEGE

8TH AVENUE



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Fall 2025

Sept 29th - Dec 12th, 2025

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Fall Hours

Mon, Wed, Thurs, Friday 8:30am - 5:00pm
Tuesday 10:00am - 5:00pm

Holiday Schedule

Nov 11, 2025 Veterans Day
Nov 27, 2025 Thanksgiving Day
Nov 28, 2025 Native American Heritage Day

ARTS**Art Appreciation****Jazz and the Visual Arts: Painting Music****9/29/2025 10:00AM John,Victoria**

Jazz had an incredible impact on the visual arts during the twentieth century. The jazz performances of the Albert Ammons Trio delighted Piet Mondrian and influenced his painting, *Broadway Boogie Woogie*. We will begin with the early modernism in jazz and art and progress chronologically to include contemporary developments. Through listening to the various styles of jazz as we examine representative art, we will explore the parallels and connections between the two modernist forms. Starting with a brief discussion of the collaboration between Wassily Kandinsky and his theories of sound and color and Arnold Schoenberg and his modernist atonal music, we will progress to the development of the ragtime and blues and proceed to early New Orleans Jazz, Swing, Bebop, and Fusion, as we identify similarities in American and European abstract painting. Included will be jazz greats from Buddy Bolden, Jelly Roll Morton and Louis Armstrong to Charlie Parker, Miles Davis, Duke Ellington, John Coltrane, Thelonious Monk, and Mary Lou Williams; as well as the contributions of George and Ira Gershwin, Esperanza Spaulding, and singers Ella Fitzgerald, Billie Holiday, June Christy, and Samara Joy. Artists include Henri Matisse, Piet Mondrian, Pablo Picasso, Jackson Pollock, Lee Krasner, Deborah Remington, Norman Lewis, Alma Thomas, Jean-Michel Basquiat, Stuart Davis, and Romare Bearden. American modern artist Abraham Walkowitz, a contemporary of photographer Alfred Stieglitz commented on the connection between music and art, "Abstract art is a universal language, and dwells in the realm of music with equivalent emotion. Its melody is attuned to the receptive eye as music is to the ear. Throughout our six-week journey together, we will swing to the Fascinating Rhythm of music and art."

Fall at Seattle Art Galleries**10/1/2025 12:30PM John,Victoria**

What better way to celebrate the abundant display of vibrant fall colors than to explore the diverse art exhibited in Seattle galleries. In this course we will meet weekly at local art galleries to hear talks, ask questions, and peruse the space. Following each visit, we will gather for afternoon coffee to discuss the work and share interests. A sampling of galleries includes Greg Kucera, Foster/White, ArtX Contemporary, Stonington, J. Rinehart, Azuma, Patricia Rovzar, Steinbrueck Native Gallery, Woodside/Braseth, Harris/Harvey, and the Seattle Art Museum Gallery. Whether you are a seasoned gallery visitor or a newcomer, please join us to experience this harbinger of fall through the varietal art scene in Seattle.

Ceramics**Beginning Ceramics****10/12/2025 2:00PM Fultz,Althea**

Transform a lump of clay into a piece of art! Using basic wheel-throwing and hand-building methods, learn to create cups, bowls, boxes, and more. Individualized instruction and demonstrations of the technical underpinnings will give you a strong foundation in the ceramic arts. This course is intended for beginner students new to ceramics. Students may repeat for up to four quarters; students with four or more quarters of any level of ceramics will not be permitted to join.

Beginning Ceramics**10/12/2025 10:00AM Fultz,Althea**

Transform a lump of clay into a piece of art! Using basic wheel-throwing and hand-building methods, learn to create cups, bowls, boxes, and more. Individualized instruction and demonstrations of the technical underpinnings will give you a strong foundation in the ceramic arts. This course is intended for beginner students new to ceramics. Students may repeat for up to four quarters; students with four or more quarters of any level of ceramics will not be permitted to join.

Intermediate and Advanced Ceramics**10/10/2025 6:00PM Fultz, Althea**

Take your ceramics to the next level and refine your wheel-throwing and hand-building skills. You will learn from the instructor and each other in this class as you hone your clay skills. Each class will include a demo or discussion of techniques according to the instructor's curriculum or students' expressed interests. North Seattle College fires to ^6 with no exceptions. Outside glazes must be approved by the studio technician. Previous ceramics experience is required.

Color Theory**Explore the Mysteries of Color****9/30/2025 6:30PM Ramage,Andrea**

Are you an artist or designer seeking more understanding of color or a homeowner choosing new paint colors? Does color fascinate or intimidate you? Learn how and why colors change, disappear, or vibrate and enhance each other "and why some don't! This class will expand your color awareness and help you choose colors with confidence. Featuring hands-on experiments and at-home color studies, we use Coloraid, a ready-made palette of 314 colored papers, for exploring color interactions and effects.

Drawing

Introduction to Drawing

9/29/2025 6:00PM Norsworthy, Sarah

Learn the basic techniques of drawing while working from still life, places in our immediate environment and each other in this introductory drawing class. We will focus on the building blocks of drawing such as composition, measurement, line, shape, value, gesture and mark. You will become familiar with a variety of materials and approaches to drawing by studying artwork both historical and contemporary. Although instruction will be rooted in drawing from observation, we will explore the potential to abstract from what we see and experiment with working from memory. We will engage in group discussions throughout the course.

Introduction to Drawing

10/2/2025 3:00PM Norsworthy, Sarah

Learn the basic techniques of drawing while working from still life, places in our immediate environment and each other in this introductory drawing class. We will focus on the building blocks of drawing such as composition, measurement, line, shape, value, gesture and mark. You will become familiar with a variety of materials and approaches to drawing by studying artwork both historical and contemporary. Although instruction will be rooted in drawing from observation, we will explore the potential to abstract from what we see and experiment with working from memory. We will engage in group discussions throughout the course.

Figure Drawing

10/3/2025 6:30PM Gottfried, Megan

Discover the fundamentals of figure drawing in this dynamic class, where we'll explore both observational accuracy and conceptual interpretation of the human form. Rooted in classical drawing techniques, this course will emphasize traditional methods of measuring proportion, constructing the figure with geometric forms, and refining drawings through careful attention to light, shadow, and edge quality. You'll learn to build the body from the inside out starting with internal structures like the skeleton and layering external forms. We'll also examine different ways to interpret the figure, encouraging you to push beyond naturalism and develop your own visual relationship with the human form. Open to all skill levels!

Charcoal Drawing

10/7/2025 6:30PM Gottfried, Megan

Explore the basics of realism charcoal drawing in this beginner-friendly class. We'll cover both reduction and

additive techniques, focusing on drawing from observation and photo references. You'll master the manipulation of light and shadow by exploring different applications. The course will also introduce realism rendering techniques, emphasizing attention to detail, line, shape, value, and texture. Open to all skill levels.

Memory Drawing with Ink

10/15/2025 6:00PM Norsworthy, Sarah

Explore how memory shapes the way we see and interpret the landscape. In this class, you'll experiment with ink, watercolor, and collage to create works that reflect your experience of a place, a moment in time or an accumulation of observations over time. The fluidity of the materials encourages play and creative invention. This class is open to all skill levels. If you're looking for a place to start, or you already sketch outdoors and want to build on your work, you will be welcomed! Along the way, we'll look at artists who use memory in their process and keep a sketchbook to support our own image making.

Calligraphy for Beginners and Beyond

10/25/2025 10:00AM Callaghan Huston, Katy

Improve your handwriting and explore the art of calligraphy in this hands-on, 12-hour workshop. Over three Saturdays, you'll learn to use calligraphy tools and materials to create beautiful, practical lettering. We'll cover two distinct styles and work on projects you can use in everyday life. Perfect for beginners or those with some experience, this class will help you build skills and confidence while creating work you're proud of.

Jewelry

Beginning Jewelry Fabrication

10/17/2025 6:00PM Mohyuddin, Ayesha

Learn how to produce your own jewelry design! Beginners are encouraged, but more experienced metalsmiths are welcome too. We'll practice basic metal fabrication and silver soldering techniques with non-ferrous metals and stones to create finished jewelry pieces. The first class will be mandatory. If you miss the first class you will have to be dropped and you will be issued a full refund.



Intermediate and Advanced Jewelry Fabrication**10/7/2025 6:30PM Foy,Peggy**

Take your jewelry design skills to the next level. Do you have an idea for a complex project you've been wanting to tackle, but not sure where to start, or need to advance your skills to make it happen? Learn multi-step soldering, stone setting, forming and finishing techniques that will help make your elaborate jewelry design ideas a reality. The first class is be mandatory. If you miss the first class you will have to be dropped and you will be issued a full refund.

Stone Setting Workshop**10/4/2025 11:00AM Quarles,M**

In this program, intermediate metalsmithing students will learn various stone setting techniques. Soldering and basic metalsmithing experience required. Some techniques include flush, prong, and tube setting. Some materials will be provided, however please plan for a budget of around \$50 for supplies.

Fine Silver Loop-in-loop Chain Workshop**10/11/2025 11:00AM Quarles,M**

In this weekend workshop students will learn how to fuse fine silver and how to make various loop-in-loop chain styles. Students will also gain a basic understanding of how to make end caps and different clasps. By the end of the weekend, students will complete either a bracelet or necklace depending on speed.

Mixed Media**Mixed Media Self Abstraction****10/15/2025 10:00AM Hamburger,Ryan**

Discover your own creative language and use it to develop your artistic practice. In this class we will use multiple mediums and learn new techniques to push ourselves in exploring self-expression. This class is perfect for someone who has taken abstract art classes before and is wondering "What next?". We will combine mediums: watercolor, acrylic, collage, pencil, oil pastel, and ink. We will explore the use of symbols, written words, texture, drawing and the use of representational images. The goal of this class is to access ourselves as a source for expression; to find an abstract narrative that resonates with you. 2D abstract class experience is helpful.

Vocal Performance and Stage Technique Workshop**9/29/2025 12:00AM Funes,Gina**

Learn more about vocal performance, techniques, and stage presence in individual study with well-known singer and recording artist, Gina Funes. You will have a piano accompanist, and a recital is performed at the end of

each quarter with the pianist. Scholarships available; contact conted@seattlecolleges.edu to learn more.

Music**Learn to Speak Guitar: Guitar and Theory Techniques****10/1/2025 7:00PM Cortese,Jared**

This transformative guitar class is designed for students who have a solid understanding of music but struggle to translate their ideas into expressive guitar playing due to insufficient technique and lack of a structured system. Many talented musicians get frustrated when they can't play what they hear in their head and feel in their heart. Our focus is on breaking down these barriers by providing you with the essential tools and a proven method to apply them effectively on the guitar. Simply learning scales, chord shapes, and theory isn't enough - this course will show you how to use them to become a better musician. If you're ready to invest the time and effort, we're confident that together, we can achieve your musical goals. Students must bring their own acoustic or electric guitar and a pick. For electric guitar players, please bring your amp and chords.

Ukulele for Beginners**10/1/2025 6:30PM Klopich,Patrick**

Start making music right away in this relaxed, song-based ukulele class. Each week, you'll get materials that allow for reviewing 3 to 10 new chords before class. During class, the focus is on playing songs together, including popular tunes and traditional or contemporary Hawaiian music. The instructor takes a hands-on approach, keeping class time centered on practicing and making music. You'll get basic guidance and support, but be ready to practice on your own between sessions. Bring your soprano, concert, or tenor ukulele and be ready to play each week. While this is a beginner class, it's a better fit for late beginners or anyone comfortable learning independently outside of class.

Jazz Ensemble**10/1/2025 8:00PM Radke,Fred**

Practice and perform in concert the newest big-band arrangements which cover all styles of big-band jazz. This class combines talents of professional and student musicians in the big-band experience. Membership is by audition only, which take place during the first class; registration is required within 10 business days of the first class session.

Beginning Guitar**10/7/2025 7:00PM Kohl, Frank**

Pick up the guitar and play! Learn chords, strum patterns, tablature, and notes while learning songs. Pick up some basic theory. Have fun while learning the fundamentals that make guitar playing rewarding in this comfortable class environment.

Introduction to Afro-Caribbean Drum & Dance**10/8/2025 7:00PM Cisneros, Blake**

Come explore the mystery, power, and elegance of Afro-Caribbean drumming and dancing! This all levels workshop will provide you with a great introduction to Afro-Caribbean rhythms and further develop your rhythmic skills! Perfect for the beginning to intermediate drummer! We explore hand technique, timing, and fun to play polyrhythms! We'll also explore songs that go with the drumming and some beginning dance moves that correspond directly to the polyrhythms. Drums provided, includes notes on the rhythms and songs.

Painting: Acrylic**Acrylic Painting for Beginners****10/2/2025 10:00AM Arnitz, Robin**

Discover the art of modern life; learn a new way of thinking and seeing, and create dynamic abstract paintings. Express your inner self through your work with this more personal and expressive mode of painting. This class is designed for all levels of experience. Class process includes discussion of contemporary issues, demonstrations of materials, style, and structure, and the simple concepts behind the actions. In this course you will be painting with acrylics.

Still-Life in Acrylic**10/3/2025 1:00PM Arnitz, Robin**

Learn to paint realistic still lifestyles using acrylic and build a foundation in key painting techniques. You'll work on a mix of quick studies and longer projects throughout the quarter. Basic drawing and painting experience is helpful but not required. This class is open to beginners and experienced painters alike. By the end of the class, you'll have more confidence in color mixing and realistic painting methods. Lessons will also include tips on tools and supplies.

Abstract Gelli Printing and Collage**10/15/2025 6:00PM Hamburger, Ryan**

Explore the fascinating world of abstract collage and gelli plate printing in this dynamic beginner's course. Designed for those eager to unleash their creativity, this class blends traditional and modern techniques to create stunning, one-of-a-kind artworks using a Gelli plate, acrylic paint, and paper. Delve into the vibrant realm of gelli plate printing, where spontaneity meets

technique. Learn the basics of creating monoprints using gelli plates, exploring methods to transfer intricate patterns and textures onto paper. Develop skills in color mixing and layering to produce captivating prints that reflect your individual style. Throughout the course, you will receive personalized guidance and constructive feedback, empowering you to refine your techniques and build confidence in your artistic journey. Whether you are a seasoned artist looking to expand your repertoire or a newcomer eager to explore mixed media, this course offers a nurturing environment to cultivate your creativity and create compelling abstract artworks through collage and gelli plate printing.

Painting: Oil**Oil Painting for Beginners****9/30/2025 6:00PM Norsworthy, Sarah**

In this class students learn the fundamentals of painting with oils, gaining a knowledge of the materials and a range of approaches both historical and contemporary. Through assignments based in observation, students will explore basic concepts of painting such as composing with color, value, gesture, shape, and line, as well as different ways of applying paint to canvas, panel, and paper with brush and palette knife. Students will learn how to create and work from a still-life, self-portrait, as well as from each other.

Abstract Oils with Cold Wax Medium and Mixed Media**10/3/2025 10:00AM Gogrof, Andrea**

Discover a new creative medium when you combine the classic, rich surfaces of oil painting with the translucent depth and varied textures of cold wax. Exploring these mediums along with acrylic, charcoal, pastels, and ink, including collage, we experiment, discover and learn new ways to give expression to our inner landscape of forms and color.

Painting: Watercolor**Watercolors for Beginners****10/4/2025 1:00PM Case, Sam**

Watercolor is one of the most versatile and approachable painting mediums. In this introductory course we'll be exploring what the medium can do. We'll experiment with watercolors and learn how to blend colors, layer, and play with other materials like sugar and soap to achieve different effects. This class will focus on basic techniques so that you walk away with a solid foundation to take to your next fabulous artwork!

Watercoloring Butterflies & Moths**10/13/2025 6:30PM Bundi,Robin**

Come to this 6-week watercolor adventure where butterflies and moths take center stage! Perfect for beginners and intermediate artists alike, this class combines the delicate beauty of nature with the expressive magic of watercolor. You'll learn how to draw realistic butterflies and moths from multiple angles and then bring them to life with luminous color and texture. Along the way, you'll explore how to build depth with watercolor layering, create volume and shadow, and master techniques for painting fine details like delicate wings and fuzzy bodies. We'll also dive into tricks for capturing iridescence and playing with creative backgrounds. Whether you're new to watercolor or just want to improve your skills, this class will help you grow your talent while celebrating the natural world, one wing at a time!

Abstract Watercolors**10/14/2025 10:00AM Hamburger,Ryan**

Combine the expressive, personal, object-free vision of abstraction with the smaller, intimate beauty of watercolors. The focus of this class is on the elements of design, color and harmony, line and shape while creating an exciting and compelling painting that expresses a personal inner vision. Often alluding to nature or a state of mind, Abstract Watercolors will carry the painter to the beauty of feelings, spirit, and imagination.

Winter Watercolor Pop-Up Cards**11/24/2025 6:30PM Bundi,Robin**

Bring your watercolor paintings to life, literally! In this fun and festive class, you'll explore winter-themed watercolor illustration alongside the art of paper engineering to create unique pop-up cards. We'll dive into a variety of watercolor techniques and drawing skills to design charming seasonal scenes. Then, you'll learn clever folding and paper mechanics to transform your artwork into delightful 3D creations that surprise and delight. Let's make artwork that truly pops off the page!

Painting: Other**Natural Dyes, Making a Sustainable Studio****10/2/2025 6:30PM Gottfried,Megan**

Students will explore the art and nature of using plant-based materials to create vibrant, eco-friendly dyes. Over consecutive classes, participants will learn the fundamentals of scouring, mordanting, and dyeing various fibers with natural materials like turmeric, avocado pits, and cochineal. The course will include hands-on activities such as immersion dyeing, shibori resist techniques, and eco-printing, with a focus on sustainable practices and the history behind each dye

source. By the end of the course, students will have a deeper understanding of natural dyes, how to apply them creatively, and how to integrate sustainable studio practices into their work.

Introduction to Gouache**11/1/2025 1:00PM Case,Sam**

Gouache is a favorite medium of illustrators and animators, but it's something that many people may not have used before. If you enjoy watercolor or acrylic painting, gouache is the perfect addition to your kit. Join me on to learn a little about the history of this versatile paint and how you can use it and combine it with other paints to make your own gorgeous illustrations and paintings.

Photography**Photography Basics: Techniques and Art****10/1/2025 7:00PM Stahl,Robert**

Have you been using your digital DSLR or digital mirrorless camera on automatic but want to learn how to use its full creative potential? This introductory color class will cover the basics of camera operation: f-stops, shutter speeds, iso, white balance, lenses, exposure, metering, filters, flash, and more. Bring your digital DSLR or digital mirrorless camera that can be put fully on manual to class (no point and shoot or bridge cameras; contact instructor if unsure). A tripod is recommended. Class includes two Sunday field trips on 10/5 and 10/12 (one pm/one am) with instructor. Details given in class.

Light in Nature: Intermediate Photography**10/4/2025 9:00AM Stahl,Robert**

This intermediate class will explore the many ways Light appears in Nature: backlight, soft light, mountain light, storm light, sunrises, sunsets, golden hour, rainbows, light shafts, as well as mist, fog, and twilight. See how Light affects and creates shape, line, texture, and perspective in photographs. Tripod required. Class includes two Sunday morning field trips with instructor (10/12 & 10/19). Details given in class.

Printmaking, Screenprinting & Zines**Introduction to Zine Making****10/10/2025 6:30PM Edenfield,Bryan**

Create your own zine and explore the art of DIY self-publishing. In this hands-on class, you'll experiment with storytelling and self-expression through words and images. You'll also learn practical techniques for crafting zines from everyday materials, focusing on simple, creative methods to bring your ideas to life. Perfect for beginners and those looking to reconnect with the zine-making process, this class offers a relaxed space to make something that's entirely your own.

Screenprinting: Techniques for All Levels**10/27/2025 6:00PM Graudins, Kerstin**

Explore the possibilities of screen printing on paper and other flat surfaces. In this hands-on class, you'll learn how to prepare screens and create stencils using paper, photo emulsion, and screen filler with drawing fluid. We'll cover key tools and techniques, including methods for registering colors and developing original designs. You'll work with water-based inks and experiment with photographic, reductive, and drawing approaches. Class is open to all skill levels.

Sewing**Quilting Basics****9/30/2025 6:30PM Johnson, O'Lisa**

Learn quilting basics on how to choose colors, create a quilt block, piecing techniques, sandwiching and binding a quilt. In class you will finish a quilted project with a unique design to keep or give as a gift. Embellish it and take your design to new heights! Although quilting fabrics, supplies, tools, and embellishments will be provided; please feel free to bring your own. Please bring to class your sewing machine, in good working order, power cord, foot control, bobbins, and operator's manual (if available). This class is not open to students under the age of 18.

Hand Sewing Basics for Quick Repairs**10/2/2025 6:30PM St-Pierre, Paige**

Master essential hand sewing skills to handle simple garment repairs in this hands-on workshop! You'll learn to distinguish between stretch and woven fabrics, prep a needle and thread, and mend holes, hems, and seams with ease. Plus, discover the secret to sewing buttons that stay put! Leave with a custom stitch sampler and the confidence to mend your clothes without a sewing machine. No experience necessary - all materials are included!

Beginning Sewing**10/2/2025 6:30PM Johnson, O'Lisa**

No more struggling through sewing projects; learn to sew the fun and easy way! Practice pattern reading, choosing the right fabrics and laying out fabric to create a finished piece you can be proud of. Whether you want to re-decorate your home, make crafts or clothes, we'll get you stitching in the right direction. You will sew three projects in class; fabric and patterns for each project provided by the instructor. Please bring a sewing machine in good working order, power cord, foot control, bobbins, operator's manual (if available), sharp scissors, tape measure and straight pins. This class is

not open to students under the age of 18.

Alter This - Alter That!**10/4/2025 9:00AM Johnson, O'Lisa**

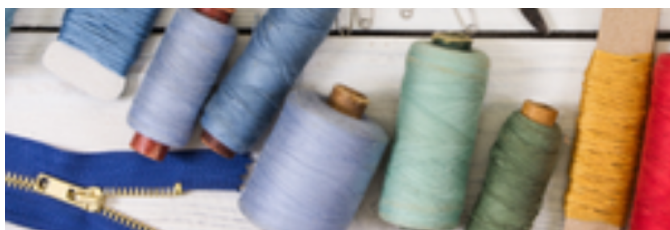
Get more wear from your garments by learning "simple" alterations and repair techniques. In this class you will learn how to alter hems and waistlines to create a fitted garment. Bring 2 or 3 of your favorite wardrobe pieces to alter in class, along with scissors, sewing machine and power cord in good working order. Sewing experience and an operational sewing machine are required for this class. Please make sure your machine will sew apparel knit, woven, and bulky fabrics. A personal supply tool pack specific to altering seams will be provided by the instructor. This class is not open to students under the age of 18.

Serging Made Simple**10/11/2025 9:00AM Johnson, O'Lisa**

So many threads! Where do you start? We'll cover how to thread the serger, adjust tensions and serge 2-3 projects right in class. You'll be surprised how fast you can complete a project with this amazing machine! Project Kits and reference materials provided by Instructor. Please bring your machine in good working order, power cord, foot control, bobbins, operator's manual (if available), sharp scissors, tape measure and straight pins. This class is not open to students under the age of 18. There is a \$35 cash supply fee due to the instructor at the start of class. Bring your serger to class, in good working order. Click here to see what the supply fee covers and any other items you need to bring to class.

Beginning Sewing**11/1/2025 9:00AM Johnson, O'Lisa**

No more struggling through sewing projects; learn to sew the fun and easy way! Practice pattern reading, choosing the right fabrics and laying out fabric to create a finished piece you can be proud of. Whether you want to re-decorate your home, make crafts or clothes, we'll get you stitching in the right direction. You will sew three projects in class; fabric and patterns for each project provided by the instructor. Please bring a sewing machine in good working order, power cord, foot control, bobbins, operator's manual (if available), sharp scissors, tape measure and straight pins. This class is not open to students under the age of 18.



Wood Carving & Burning

3D Wood Carving for Beginners

10/20/2025 6:00PM Shojaei Barjuei,Saman

During this class you will carve two 3-D figures or objects. The instructor has been practicing the art of wood carving for many years and will show you how to go about it. He will show you the different tools to use and what woods to choose for your two projects. This is the perfect place to start as a beginning wood carver.

Spoon Carving for Beginners

12/1/2025 6:00PM Shojaei Barjuei,Saman

In this workshop, students will carve a simple kitchen spoon and a love spoon. Students will also learn basic knowledge and techniques of wood carving such as wood selection, carving characteristics, preparing blanks, basic carving techniques, and traditional oil finish, which are essential to know for their future wood carving projects. No previous wood carving experience required.

Writing

Introduction to Creative Writing

10/1/2025 2:00PM Bolan,Chelsea

Introduction to Creative Writing is a playful, generative writing course for anyone who wants to write in the community of others and cultivate a creative writing practice. You will use prompts and writing activities to help you leap the boundaries of your brain, explore genres, and create and curate your own material to expand into creative writing projects. In addition, you will learn the art of workshop and how to give and receive useful feedback. In this supportive environment, you'll gain confidence as a writer, learning to trust your process and your work. By the end of the 6-week course, you will have developed a regular writing practice, established a writing community, and completed several original works of creative writing.

Surrealist Creative Writing

10/4/2025 11:00AM Edenfield,Bryan

Surrealism challenges how you think and create. This class uses playful writing exercises and group activities to spark unexpected ideas. You'll explore key artists and writers that shaped surrealism, like André Breton, Leonora Carrington, and Georges Bataille. Through experimentation and collaboration, you'll break habits, embrace spontaneity, and write in ways you never have before.

The Secrets of Powerful Writing

10/7/2025 6:30PM Dubois,Christine

Good writing doesn't have to be hard if you know the secrets! Whatever you write, professional or personal,

you'll benefit from being able to express yourself clearly and directly. In this hands-on class you'll learn to clarify your message, communicate complex information, avoid common mistakes, edit and proofread your writing, use proper grammar and punctuation, write effective email, communicate on social media, and more.

How to Write a Novel in 30 Days

10/7/2025 6:30PM Hall,Leslie

Whether you want to write a novel, short story, or even nonfiction, writers can use the fundamentals of write-a-novel-in-30-days to set goals, make a plan, and practice writing fast first drafts. The principles of the 30-day novel can support any stretch goal, help create new writing habits, and prove that you can write more than you ever have before. And it can be done in any time period. This process is a lesson in writing without editing learning to create messy first drafts. A great class for writers at any level with an idea or a work in progress.

COMPUTER

Design

Canva for Content Creators Crash Course

10/15/2025 7:00PM Sweeney,Michele

Perfect for creators who want to level up their branding without becoming a graphic designer. Students will learn how to create eye-catching thumbnails, social media posts, Blog/Website graphics, and even short video clips using Canva's templates and tools. Includes brand kit setup, fonts, colors, and tips for batch content creation.

Create a Website for Fun, Profit and Business

10/28/2025 6:00PM Boyd,Kevin

Discover the best copy/paste, drag and drop website builders that will meet your needs and create an appealing, modern, dynamic, small business website. Included is a complete comparison review of the top Website and E-commerce Store builders. Determine the best planning and layout for your site's specific requirements, with an attention-grabbing Initial Focal Point. Learn Search Engine Optimization (SEO), Social Media Marketing, and the Tips and Traps, Dos and Don'ts of website design. Discover the #1 Secret to a successful website!

Editing 101: CapCut Crash Course

10/29/2025 7:00PM Sweeney,Michele

Edit Course: Editing 101: CapCut is powerful, and surprisingly easy once you know what buttons to press. In this hands-on workshop, you'll learn how to edit a short-form video from start to finish cut clips, add music, captions, transitions, effects, and export for any platform.

YouTube Jumpstart: SetUp + Upload Like a Pro**11/12/2025 7:00PM Sweeney,Michele**

Want to start YouTube but don't know where to begin? This one's for you. Learn how to create a channel, write killer titles, upload your first video, and design eye-catching thumbnails in Canva. We'll also peek into YouTube Studio and cover basic analytics.

Excel**Getting Started With Excel****10/6/2025 5:30PM Ramos,Francisco**

Master the basics and more of Excel and start organizing your data effectively. Learn how to set up worksheets, enter and format data, and use essential formulas. Get introduced to key Excel functions, sorting and filtering tools, and conditional formatting techniques. Plus, explore pivot tables to summarize data like a pro. This class is perfect if you're new to Excel or looking to sharpen your foundational skills. You'll need access to MS Office Excel for Windows (version 2016 or higher).

ENRICHMENT**Entertainment****Flying Saucer Cinema****10/10/2025 7:00PM Cohen,Eric**

This classic science fiction film appreciation class showcases beloved films that cry out for viewing in a group setting the way they were first presented to the world. Each week will bring something new, films ranging from Golden Age sci-fi of the 1950s and 60s to the dystopian science fiction of the 1970s and occasional forays beyond. Co-hosts Eric Cohen and Mark Daniels will be your guides and provide you with film information, trivia, and lively post-screening discussion every week. We begin Fall Quarter with the quintessential sci-fi masterpiece of the 1950s, Fred Wilcox's *Forbidden Planet*, featuring Leslie Nielsen, Anne Francis, and Walter Pidgeon. The story, which features a starship crew in the 23rd century investigating the silence of a distant planet's colony, prefigures *Star Trek* by more than a decade and is not to be missed! Next up is *These are the Damned*, a Hammer Films drama-thriller-horror-sci-fi mashup in which the misdeeds of a biker gang led by Oliver Reed morph into a story about creepy government experimentation. Our third entry for the quarter is the gonzo delight *Night of the Lepus*, a story of ginormous mutated bunny rabbits attacking an Arizona town. Last but not least is *Outland*, featuring Sean Connery as a federal marshal in what amounts to "High Noon in space." Whether you are a

seasoned science fiction film buff or simply want to put your head in a different place for a couple of hours every week, this will be an engaging, fun adventure of a class you won't want to miss.

The Wisdom of Folktales**10/18/2025 1:00PM Berks,John**

Experience the emotional and symbolic power of global folktales through live, drummed storytelling. We'll explore Skeleton Woman (Inuit), Prince Lindworm (Scandinavian), The Handless Maiden (Brothers Grimm), and Elk Dog (Native American). Each class begins with a performance, followed by discussion that unpacks the story's deeper meaning using key Jungian concepts. No background needed just curiosity and a love of story.



Financial

Retirement Fundamentals**10/4/2025 10:00AM Morse,Stephen**

Get a clear look at the core parts of retirement planning. You'll cover financial planning, investment basics, insurance needs, tax planning, and how estate planning fits in. This class breaks down each piece so you can make informed decisions about your retirement.

Introduction to the Stock Market**10/8/2025 6:30PM Kim,Eugene**

If you've ever wondered what the stock market is or why it moves the way it does, this seminar is a good place to start. In one hour, you'll get a clear explanation of how the stock market works, what drives it, and how it ties into building wealth.

We'll begin with the basics: what the stock market is, why it exists, how companies fit into it, and who the key players are. You'll also get a simple overview of accounting terms like liabilities, assets, and equity so you can better understand how companies are valued.

From there, we'll walk through how the stock market operates. You'll learn about stock exchanges, what a clearinghouse does, the role of stockbrokers and fund managers, and how investment banks are involved.

First Time Homebuyers Class**10/11/2025 1:00PM Cisneros,Blake**

Join us as we demystify the entire home buying process from A to Z, and learn what it truly takes to win a deal in this rapidly changing housing market. Whether you are brand new to the process or have been around the block, this class will teach you how to gather data points, analyze a property, and know what to expect from the process. Educate yourself with the tools to win!

Live Demo: How to buy Stocks and Bonds Online**10/15/2025 6:30PM Kim,Eugene**

Learn how to buy stocks and bonds online in a live demo using a platform like Robinhood or Charles Schwab. This session walks you through the basics and helps you feel more confident placing trades.

You'll get a quick intro to stockbrokers, and we'll talk about the difference between a brokerage account and a retirement account. You'll learn how to place orders to buy and sell stocks, bonds, mutual funds, and other products.

We'll go over the features your stockbroker offers and how to use them. You'll also get tips on keeping your account secure and avoiding common problems like

transaction and account fees, funding and withdrawal issues, poor record-keeping, unclear tax reporting, and misleading marketing tactics.

Introduction to Investment Products & Investment Accounts**10/22/2025 6:30PM Kim,Eugene**

Investment products like stocks, bonds, ETFs, mutual funds, and annuities all work differently. Understanding how they're structured helps you decide which ones make sense for your financial goals. In this class, you'll learn what each investment product is, how it works, and how it's commonly used.

We'll also talk through the different types of investment accounts, including 401(k)s, IRAs, brokerage accounts, and annuities. You'll learn which ones offer tax benefits, which ones don't, and how eligibility rules affect your choices.

By the end, you'll know how to compare investment products and accounts based on your own needs. You'll leave with a clear understanding of how these tools can support your financial planning.

Welcome to Medicare**10/25/2025 9:30AM Instructor, SHIBA**

Need help understanding Medicare? This workshop is for current and new beneficiaries, those who will soon be eligible and anyone who wants to learn more about Medicare health coverage. Various plan options, prescription drug coverage, supplements and ways to get help paying for Medicare will be discussed. This class is taught by a trained SHIBA advisor (Statewide Health Insurance Benefits Advisors). The SHIBA program provides free, unbiased and confidential assistance with health care choices.

Rock Your Retirement**10/28/2025 6:30PM Kim,Eugene**

This financial literacy class helps you build an investment strategy you can manage with confidence. You'll learn how the stock market works and how to use it to support your retirement. We'll also cover how that same knowledge applies to choosing a life insurance plan, preparing for your child's college tuition, using health savings accounts, buying a home, and planning your estate.

Rock Your Retirement focuses on real-life investment products and practical strategies. Every investment involves risk, so you'll also spend time thinking about your own priorities and financial concerns. What matters to you? What do you need for retirement to work? How can you prepare for financial emergencies? How do your current and future obligations shape your decisions? All backgrounds and experience levels are welcome.

The Best Retirement Investing Strategy for You**10/29/2025 6:30PM Kim, Eugene**

The best retirement investing strategy is one you'll actually stick with. In this class, you'll learn the Simple Strategy, a straightforward rule of thumb you can use to assess other investment approaches.

Use a tax-advantaged account, start early, invest regularly in manageable amounts, take full advantage of employer matching, choose low-cost index funds like the S&P 500, and keep fees low.

Once you understand the basics, you'll be able to adjust or build a strategy that fits your needs.

To learn how the economy affects your investments, read Guidebook to the Federal Reserve. It explains inflation, interest rates, recessions, and how the Fed shapes the financial system. You can find the book on Amazon at Guidebook to the Federal Reserve or watch more on my YouTube channel Money Refinery.

Understanding the Economy, Inflation and the Federal Reserve**11/5/2025 6:30PM Kim, Eugene**

This class breaks down how the Federal Reserve shapes the economy. You'll learn how the Fed uses its balance sheet and interest rates to manage inflation and support employment. We'll look at how these tools work, when they don't, and why that matters to you.

We'll talk through questions like: Why didn't the Fed stop inflation during Covid? What did it do during the 2008 financial crisis? What role will it play in the next 20 years? How do interest rates affect your savings and retirement planning?

Reading Guidebook to the Federal Reserve before class is encouraged. It gives you a solid foundation. You can find the book on Amazon at Guidebook to the Federal Reserve or watch more on my YouTube channel Money Refinery.

Introduction to Bonds, CDs, Annuities and Social Security**11/12/2025 6:30PM Kim, Eugene**

Learn how bonds, CDs, annuities, and Social Security work and when they make sense for your financial goals. This class covers the basics of fixed income products and how they compare to other investments like stocks and real estate.

You'll also get a look at liability accounting and how money market funds fit into the picture. By the end, you'll know how each product works and how to use them to support your financial planning.

Everything You Should Know About Financial Advisors**11/19/2025 6:30PM Kim, Eugene**

Financial advisors charge fees that can cut into your retirement savings. Before you hire one, understand how those fees work and how they affect your long-term returns. It's smart to meet with a financial advisor but come prepared. Know the basics so you can ask better questions.

This one-hour seminar breaks down how you can invest for retirement, how compounding interest grows your savings, and how fees reduce your gains. You'll get a plain-language overview of stocks, bonds, and common investment products like ETFs, mutual funds, insurance policies, and annuities. We'll also go over tax-advantaged accounts including 401(k)s, IRAs, and others, plus what to know about Social Security. Along the way, we'll help you think through key questions: What do financial advisors actually do? What kind of investor are you? Should you manage your own investments or work with a pro?

Nature & Science**Introduction to Pacific Northwest Mushrooms****9/30/2025 7:00PM Collison, Jeremy**

Learn the key steps for exploring Kingdom Fungi in Western Washington. Learn to identify popular edible varieties like morels, boletes, and chanterelles, along with other fascinating species unique to the Pacific Northwest. This class will cover essential topics such as key habitats, seasonal patterns, and practical tips for discovering new foraging spots.

Map and Compass for Beginners**10/2/2025 6:30PM Greule, Otto**

Learn to navigate with confidence using an orienteering compass and topographic map. This beginner-friendly course covers essential skills like understanding the difference between true and magnetic bearings, perfect for hiking, backpacking, or general navigation. Students will explore engaging online content with real-world videos and detailed animations, followed by a hands-on field trip to practice your new skills. Please note: GPS and Geocaching are not covered.



Personal

Marbles & Mobility: Healthful Aging in the 21st Century**10/3/2025 10:00AM Amundson,Connie**

Curious about living better longer? Then this class is for you. For anyone 29 years or older, health problems are considered conditions of aging. Furthermore, the average lifespan in America is 77.5 years while the average health span is only 66 years. As part of the class you will have the opportunity to have your biological age calculated to compare it to your chronological age.

We will address key factors for healthful aging such as social engagement, participation in creative activities, as well as sleep, nutrition, exercise, cognitive support, and drug- and surgery-free solutions for painful joints. Class time will be divided among lecture and practical activities.

Archetypal Astrology for Personal Growth**10/21/2025 7:00PM Packard,Heidi**

"Archetypal Astrology for Personal Growth" is an interactive and introspective course designed to help you explore your unique natal chart and gain deeper insight into how archetypal forces shape your life. Whether you're new to astrology or looking to deepen your understanding, this class will guide you through the basics of reading your natal chart, decoding planetary symbols, and connecting astrological archetypes to your personal experiences. Each session will blend practical lessons in chart interpretation with small group discussions, where you'll connect astrological symbols to real-life situations. You'll also have dedicated time for journaling and creative expression, allowing you to integrate insights through art, reflection, and storytelling. Community-building activities will foster a supportive environment where you can share your journey, learn from others, and develop a richer connection with yourself and the group. By the end of the course, you'll not only know how to read your own natal chart but also understand how astrology can be a powerful tool for personal growth, self-awareness, and transformation.

Travel

Travel the World Volunteering**9/30/2025 6:30PM Major,Joyce**

Ready to help in another country by working with local communities that need your skills or support with existing projects? Want to teach English, work with children, help wildlife, support conservation or share your expertise? Learn how to combine inexpensive travel with life-changing experiences as you travel the world as a volunteer. Volunteer travel is not just for the young!

Silk Road Stories: Trade, Culture and Empires**10/2/2025 6:30PM Neufeld-Kaiser,Jerry**

Explore the fascinating history of the Silk Road, a legendary network that connected East and West, shaping empires and cultures for centuries. This class takes you from the Roman Empire to the peak of the Silk Road during the Mongol period, its resurgence in medieval times, and its eventual decline as new sea routes emerged. We'll delve into the vibrant cities of Samarkand and Tashkent, past and present, and uncover how the Silk Road influenced religion, fashion, cuisine, and technology. Learn how it facilitated not only trade but also the spread of ideas, innovations, and even the Plague.

Traveling the Emerald Isle**10/11/2025 10:00AM Gossett,Windy**

From sweeping landscapes to the rocky cliffs of the Wild Atlantic Way, Ireland is an enchanting and magical place to travel. Whether you want to visit its vibrant cities or the small villages and countryside, this place will capture your heart through its rich culture and stunning scenery. Come delve into all things Irish, from its history, language, traditions, art, music, sports and lively pub culture to where to stay and eat, how to get there and all the sights you cannot miss. Windy Gossett, a previous resident of Ireland, will help you learn everything you need to know before visiting this beautiful country.

FITNESS**Dance****Adult Beginner Ballet****9/30/2025 7:45PM Peters,Kiera**

Adult Beginner Ballet is designed for adults who are new to ballet or returning after a long break. Whether you danced as a child or have always been curious about ballet, this welcoming, no-pressure class is a great place to start!

You'll learn the fundamental positions, movements, and terminology of classical ballet in a supportive, non-intimidating environment without the expectations or formality of a traditional dance studio. Each week, you'll be up and moving, developing coordination, posture, and body awareness through simple, structured exercises. This is a movement-based class (not theory-focused), and while there is no final performance, you'll gain a working knowledge of commonly used ballet steps and how to execute them safely.

No special level of fitness is required if you're able to sit, stand, walk, bend at the knees and waist, and raise your arms overhead, you're ready to participate. By the end of the course, you'll be able to recognize and demonstrate foundational ballet movements with increased confidence and grace!

West Coast Swing

10/2/2025 7:35PM Boarman,Celia

West Coast Swing is a slower swing created for busy dance floors and danced to a variety of music from Blues to Motown to Country. Perfect for beginners and those wishing to brush up on technique and learn a few more moves.

Ballroom Basics and Beyond

10/2/2025 6:30PM Boarman,Celia

Learn the basics and more to the slow, bluesy rhythm of the Nightclub 2-Step, danced to a variety of music. Then pick up the beat and move your hips to the Brazilian waltz, commonly known as the Samba. This class is perfect for those, stepping onto the dance floor for the first time or for those, wishing to refine their technique and learn some new moves.

Exercise

Strength and Conditioning

9/30/2025 6:00PM Peters,Kiera

Get fit and have a blast! Interval training blends strength and cardiovascular circuits using body weight, dumbbells and a variety of equipment. This 90-minute class provides full-body conditioning and will target strength, balance, cardio and flexibility.

Karate: Strength, Focus, & Self-Defense

10/6/2025 5:30PM Kitagawa,Takeshi

This adult karate class builds strength, coordination, and focus through structured weekly training. You'll learn practical self-defense along with striking, blocking, kata (forms), and controlled sparring. Classes are designed for adult learners at any fitness level, with an emphasis on technique, pacing, and safety.

In addition to improving your physical fitness, you'll gain flexibility, balance, and confidence. Each session helps reduce stress and sharpen mental discipline. No prior experience is needed. Athletic clothing is fine, or wear a karate gi if you have one.

Classes meet weekly on campus and are paced to fit into a busy schedule. You'll train alongside others who want to stay active, learn new skills, and build confidence in a supportive setting.

Movement

Introduction to Essential Somatics

10/1/2025 6:45PM Hopper,Patricia

Feeling a bit "off" after a workout or a long week? This five-week class introduces you to Essential Somatics, a gentle, pain-free movement practice designed to balance your hips, spine, and shoulders. Learn simple,

effective routines that help reset your body, release tension, and restore coordination. Movements will be taught step-by-step and every student will receive a manual for at-home practice. Exercises are performed on the floor using a yoga mat. We provide mats, but you're welcome to bring your own if preferred. Recommended for all fitness levels, from couch potato to athlete.

Sustaining Vitality: Qigong

10/2/2025 10:00AM Sharp,Dennis

Increase vitality, give your immune system a boost, and feel more energetic. Qigong is based on the principle of balancing your body's natural energy (Qi) through meditation, breathing, and movement exercises that are easy to learn and put into practice. This class focuses on three types of Qigong: meditative relaxation, movement exercises, and healing sounds. Come join us in this fun informative class.

Beginning Tai Chi: Grasping the Sparrow's Tail

10/4/2025 9:10AM Sharp,Dennis

Learn one of the best forms of low-impact exercise for health and longevity. Increase flexibility and strength by learning this slow flowing movement meditation. Experience deeper self-awareness, improved balance and mental concentration, as well as increased physical energy. Tai Chi is beneficial for all.

Continuing Tai Chi: Grasping the Sparrow's Tail 2

10/4/2025 10:45AM Sharp,Dennis

Our focus is to complete and refine the long form, which consists of four sections containing about 45 postures each. Partner drills and beginning pushing hands enhance each student's comprehension of the subtle and profound nature of Tai Chi Chuan.

Tai Chi Ruler: Simple Exercises for Health and Longevity

10/7/2025 10:00AM Sharp,Dennis

Tai Chi Ruler (Chih) is a form of Taoist Yoga (Dao-yin) that features 12 easy-to-learn exercises that are practiced with (or without) a Chih, a special wooden dowel that is held between the palms to help guide the circulation of vital energy (Qi). Easier to learn than Tai Chi with all the same great health benefits, Tai Chi Chih is a complete low-impact aerobic system that relieves stress, improves respiration, increases circulation and enhances neuro-muscular coordination.

Continuing Essential Somatics**11/12/2025 6:45PM Hopper, Patricia**

In this class, we will use the skills learned in Introduction to Essential Somatics to go deeper into movements that restore balance and relieve muscle tension and chronic pain. In the introductory class, we cover the basics. In the continuing class we get to play and explore, using pandiculation to reset our muscles to be ready to get up and go with ease and fluidity. Exercises are performed on the floor using a yoga mat. We provide mats, but you're welcome to bring your own if preferred. The Introduction to Somatics class is the required prerequisite.

Yoga**Gentle Yoga for Beginners****9/29/2025 1:30PM John, Victoria**

This yoga course is for individuals with little or no experience and for those who might have some physical limitations. It will be a slow, meditative class which focuses on breathing techniques and getting in touch with your body through gentle movements (asanas). You will also develop a sense well-being and calm, while building strength and endurance. What you take away from these lessons offers the opportunity to build your own yoga practice, combining the asanas and quiet time for reflection. Hopefully, this gentle yoga class will lead to a sense of empowerment and joy.

Yoga for the Body**10/9/2025 9:00AM Bernstein, Tara**

Helping people become more in touch with their bodies is the focus of this class. When we lose touch with our bodies it can feel like we are walking around as a head without a body. Yoga postures, breath practice, and self-reflection will be taught to connect the body and the mind. This course is open to Yoga practitioners as well as those who have never practiced Yoga postures. You will walk away with skills to gently wake up the body while sharpening the mind.

FOOD**Baking & Desserts****Cake Decorating for Beginners****10/4/2025 1:00PM Sweeney, Michele**

Ready to turn your cake dreams into reality? Join award-winning Sugar Artist and Food Network Competitor Michele Sweeney for a fun, hands-on cake decorating class that's perfect for beginners. Over six weeks, you'll dive into the world of cake making, from baking the perfect cake to whipping up two types of buttercream, mastering piping techniques, and transforming simple desserts into edible works of art.

You'll get to practice piping flowers and borders, learning to fill your piping bags like a pro and color buttercream for eye-catching designs. By the end, you'll have decorated cupcakes and an impressive eight-inch cake that's sure to wow at your next celebration! With one baking class via Zoom and the rest in-person, this class is all about collaboration, creativity, and cake, what more could you want? Just bring your apron, a sack lunch, and get ready to impress!

Holiday Desserts Made Easy**10/26/2025 2:00PM Sweeney, Michele**

Join Chef Michele for holiday desserts made easy and learn how to make two crowd-pleasing seasonal desserts.

You'll start by making Apple Puff Pastry Rose Tarts—an eye-catching option for any dessert table. You'll learn how to roll thinly sliced apples into beautiful rose shapes and assemble them in puff pastry for a polished finish. Then you'll make homemade galette dough and frangipane, which come together in a rustic Apple Cider Galette. The class covers dough mixing, apple prep, assembly, and baking techniques so you can recreate both desserts with confidence.

By the end, you'll have two finished desserts and a solid approach for making holiday sweets without the stress

Holiday Breads**11/2/2025 2:00PM Sweeney, Michele**

Join Chef Michele live online for a hands-on holiday bread baking class. You'll learn three practical techniques perfect for gifting, holiday mornings, or prepping ahead.

Start by making oven-baked English muffins from scratch. You can shape them by hand or use English muffin rings if you have them. These homemade muffins are the perfect vessel for eggs Benedict—a holiday breakfast favorite. While they bake, you'll work with a rich brioche dough. We'll make the cinnamon roll filling together, then roll, fill, and shape the rolls to freeze and bake later. As a bonus, Chef Michele will share her frosting recipe—a customer favorite from her former bakery.

Chef Michele will also demo how to turn that same dough into soft dinner rolls for your holiday table. By the end of class, you'll have fresh English muffins, freezer-ready cinnamon rolls, and clear steps to make them again anytime.

Holiday Cookies & Bars

12/6/2025 2:00PM Sweeney,Michele

Join Chef Michele for holiday classics! In class you'll bake a lineup of crowd-pleasing holiday treats. You'll learn how to make classic no-spread sugar cookies, buttery cookies filled with jam, and the iconic cranberry bliss bars made famous by Starbucks.

Throughout the class, you'll get tips for consistent baking, prepping ahead, and storing your cookies so they stay fresh longer. Chef Michele will walk you through her go-to techniques from years of bakery experience.

As a bonus, you'll receive a copy of her e-cookbook *Cookies for All Occasions*, filled with tested, reliable recipes that were bakery customer favorites. You'll finish class with recipes you can use throughout the season and beyond.

Holiday Cookie Decorating

12/13/2025 1:00PM Sweeney,Michele

Learn how to decorate a holiday themed set of sugar cookies using royal icing. Join award-winning Sugar Artist and Food Network Competitor, Michele Sweeney, for a fun-filled class and learn how to make royal icing, the different icing consistencies and techniques for outlining, flooding and decorating cookies for any occasion. You will also learn how to color icing and make your own sprinkles and royal icing transfers to embellish your creations.

This class is great for beginners and those that have taken a previous cookie decorating class and want to learn how to decorate new designs as themes change every quarter!

Cooking

Family Pizza Night

10/19/2025 2:00PM Sweeney,Michele

Join Chef Michele for family pizza night and learn how to make your own pizza from scratch. You'll mix a simple homemade pizza dough, cook a savory marinara sauce, and build a full meal with a pizzeria-style salad tossed in homemade Caesar dressing.

Chef Michele will also show you how to make parmesan bread sticks an easy bonus recipe inspired by classic pizzerias. By the end of class, you'll have everything you need for a complete pizza night at home.

Holiday Appetizers Made Easy

11/15/2025 2:00PM Sweeney,Michele

Learn how to create delicious holiday appetizers in this hands-on class with Chef Michele. The focus is on small bites you can prep ahead and bake just before guests arrive—perfect for holiday gatherings.

You'll use store-bought puff pastry to make quick, savory appetizers like mini tarts and twists and learn how to make savory puffs from scratch using choux pastry—a light, airy dough commonly used for cream puffs and eclairs. These savory puffs, called gougères, will be filled with a festive, holiday-inspired savory filling. Appetizers are designed to be simple, flexible, and easy to make in batches.

As a bonus, Chef Michele will share a bonus cheese ball recipe and two batch cocktail recipes so your guests can self-serve, giving you more time to enjoy the party.

HOME & GARDEN

Home Style

Basic Hands-On Home Repair and Maintenance

10/23/2025 6:00PM Marx,Peter, Parker,Reeve

Through hands-on techniques and classroom demonstrations, learn a variety of home improvement and maintenance skills. Gain confidence as you learn about tools, how to work with electrical outlets, switches, and lighting; plumbing, faucets and wall repair and more. No textbooks are needed but a general home repair book (Readers Digest, Black & Decker, etc.) might enhance class demos.

Basic Carpentry and Woodworking

11/15/2025 10:30AM Marx,Peter

Do you have power tools and want to learn to use them safely and effectively? Learn the basics of joinery, jigs, materials, methods and project design. After selecting your materials, you'll apply everything you've learned to safely use hand and power tools in the construction and assemblage of your own toolbox, sewing box, garden box, etc. This class will show you that you don't need a woodshop for tackling your next project! Emailed instructions will be provided a few days before the first class.



LANGUAGE**ESL****Everyday English and Life Skills****9/29/2025 6:30PM Chai,Sylvia**

Build confidence in speaking English in this 40-hour course that combines 27 hours of in-person learning with 13 hours of online independent study in life skills (eg, driving directional language, navigating public transportation, etc). The focus will be on real-life, spoken English with an emphasis on phrasal verbs, idiomatic language, pronunciation, and intonation.

TOEFL Preparation**10/1/2025 6:30PM Chai,Sylvia**

This class is for those who want to take the Test of English as a Foreign Language (TOEFL) or who want to build academic skills. We will practice and strategize all sections of the TOEFL: (1) independent & integrated speaking; (2) independent & integrated writing; (3) academic lectures ; and (4) reading academic text. Skills learned here will also help with taking ESL/EFL placement tests. No textbook is required.

French**French for Beginners****11/4/2025 6:30PM Brown,Janice**

This course will prepare you for your vacation trip or for further study. You will learn how to pronounce French, and you will do lots of speaking practice as well as reading and listening. We will focus on how to talk about yourself and how to understand and communicate your needs during your trip. You will be a more confident traveler and will also have made a good start on your French-learning journey.

Sign Language**Sign Language - Level 3****9/30/2025 6:30PM Jordan,Dennice**

This class is an extension of the Basic Sign Language and Sign Language 2 classes with more vocabulary, sentence grammar, and facial expressions.

Sign Language - Level 2**10/2/2025 6:30PM Jordan,Dennice**

This class is a continuation of Basic Sign Language. You will be exposed to increased development of communication strategies, with emphasis on expanding vocabulary and grammatical understanding.

Japanese**Conversational Japanese I**

10/2/2025 7:00PM Nakamura-Lambert,Risami This conversational class is for beginners with little or no Japanese background and for those who want to brush up on Japanese speaking skills. We will cover useful phrases, pronunciation, vocabulary, some numbers, the ko-so-a-do words, and grammar. Students also experience Japan's unique culture and customs through class activities.

Spanish**Spanish for Fun and Travel - Level 1****9/30/2025 6:30PM Robertson,Rebecca**

Learn the basics of Spanish in a practical and enjoyable way with an experienced, fluent instructor! Practice common, useful phrases and vocabulary as you dive into the language with basic conversations. Develop your beginning Spanish speaking ability with basic grammar, verb conjugation and pronunciation. The class is a perfect introduction or a refresher for those planning a trip to a Spanish-speaking region.

Spanish for Fun and Travel - Level 2**9/29/2025 6:30PM Robertson,Rebecca**

A continuation of Spanish for Fun and Travel - Level 1. Practice common, useful phrases and vocabulary as you dive into the language with basic conversations. Develop your beginning Spanish speaking ability with basic grammar, verb conjugation and pronunciation.

Spanish for Fun and Travel - Level 3**10/1/2025 6:30PM Robertson,Rebecca**

A continuation of Spanish for Fun and Travel - Level 2. Learn vocabulary through activities, stories, interviews and reading. Grammar structures will be introduced, and some homework will be assigned. Great for those who already converse in Spanish but want to increase fluency.

Spanish for Fun and Travel - Level 4**10/2/2025 6:30PM Robertson,Rebecca**

Taught only in Spanish, this course is a continuation of Spanish for Fun and Travel - Level 3. Activities are designed around stories, interviews, and role-playing, with some focus on the cultures of the Spanish-speaking world. Grammar is reviewed and new areas explored. Designed for students who want to maintain their conversation skills and improve vocabulary and structures.

Spanish Advanced Conversation Level 3**10/7/2025 6:00PM Ramón Joffre, Teresa**

Refine your Spanish speaking and listening skills in this class. Watch short films, participate in an informal reading club by sharing your comments on short essays, stories, and plays. Review the uses of the conditional and reflexive and reciprocal verbs. Prerequisite: 160 hours of Spanish instruction or equivalent.

Taiwanese-Mandarin**The Charm of Taiwanese-Mandarin****10/1/2025 6:30PM Omori, Cindy**

This course provides a foundational introduction to Taiwanese phonics, with particular emphasis on the distinctions from Chinese phonetic systems to enhance linguistic accuracy and comprehension. Participants will examine the structural principles and writing methods of Mandarin characters, as well as the meanings they convey, complemented by basic sentence formation for practical application. Cultural components are integrated throughout the curriculum, offering a contextual exploration of Taiwan's historical evolution and contemporary society. Although the time allotted is limited, every effort will be made to incorporate relevant cultural discourse that enriches the learning experience. The curriculum is designed to cultivate essential language skills while fostering a deeper appreciation of Taiwan's unique cultural identity.

PROFESSIONAL**AFH****Adult Family Home Administrator Certification****10/3/2025 9:00AM Spada, Joseph**

Before you can register for this class you must complete the English Proficiency Prerequisite. This 54-hour class outlines and prepares students for the Adult Family Home licensing and inspection process. It covers the roles and responsibilities of a licensed provider, business and operations procedures, staff management, resident rights and care issues, and State and Federal laws governing Adult Family Homes. Taught by highly experienced providers/instructors. All training materials are provided. Questions: email afh.north@seattlecolleges.edu or call (206) 934-3619

Adult Family Home Administrator Certification**10/31/2025 9:00AM Spada, Joseph**

Before you can register for this class you must complete the English Proficiency Prerequisite. This 54-hour class outlines and prepares students for the Adult Family Home licensing and inspection process. It covers the roles and responsibilities of a licensed provider, business

and operations procedures, staff management, resident rights and care issues, and State and Federal laws governing Adult Family Homes. Taught by highly experienced providers/instructors. All training materials are provided. Questions: email afh.north@seattlecolleges.edu or call (206) 934-3619

Business Skills**Introduction to Public Speaking****9/30/2025 6:30PM Tabor, Patrice**

Would you like to reduce stage fright and gain more confidence speaking in front of a group? Whether you need to give a formal presentation or an informal presentation at a staff meeting, learning key skills will increase your effectiveness and self-confidence. In this course you will learn strategies to deal with nervousness, plan and deliver an effective presentation, and practice presentation techniques to capture audience attention. This course offers a supportive environment in which you will practice and receive feedback from the instructor and fellow participants.

Confident Interviewing for Professionals in Transition**10/4/2025 10:00AM Illman, Carolyn**

This course is designed for professionals navigating a career change. Whether reentering the workforce, switching industries, or simply looking for something different. Through practical exercises, guided reflection, and behavioral interview question training, participants will learn how to confidently tell their story, showcase transferable skills, and align with roles that match their values. We will focus on tools like the STAR method, self-assessment frameworks, and values-driven narratives to help you shine in any interview.

Canva for Content Creators Crash Course**10/15/2025 7:00PM Sweeney, Michele**

Perfect for creators who want to level up their branding without becoming a graphic designer. Students will learn how to create eye-catching thumbnails, social media posts, Blog/Website graphics, and even short video clips using Canva's templates and tools. Includes brand kit setup, fonts, colors, and tips for batch content creation.

Editing 101: CapCut Crash Course**10/29/2025 7:00PM Sweeney, Michele**

Edit Course: Editing 101: CapCut is powerful, and surprisingly easy once you know what buttons to press. In this hands-on workshop, you'll learn how to edit a short-form video from start to finish cut clips, add music, captions, transitions, effects, and export for any platform.

YouTube Jumpstart: SetUp + Upload Like a Pro**11/12/2025 7:00PM Sweeney,Michele**

Want to start YouTube but don't know where to begin? This one's for you. Learn how to create a channel, write killer titles, upload your first video, and design eye-catching thumbnails in Canva. We'll also peek into YouTube Studio and cover basic analytics.

Work for Yourself**Create a Website for Fun, Profit and Business****10/28/2025 6:00PM Boyd,Kevin**

Discover the best copy/paste, drag and drop website builders that will meet your needs and create an appealing, modern, dynamic, small business website. Included is a complete comparison review of the top Website and E-commerce Store builders. Determine the best planning and layout for your site's specific requirements, with an attention-grabbing Initial Focal Point. Learn Search Engine Optimization (SEO), Social Media Marketing, and the Tips and Traps, Dos and Don'ts of website design. Discover the #1 Secret to a successful website! Taught by a multi award-winning instructor and published author from Seattle.

Don't Throw It Away- Sell It Online**11/6/2025 6:00PM Boyd,Kevin**

Get rid of your "stuff" and get paid! There are several phone apps and platforms that provide an excellent way for you to generate revenue by selling your unwanted used items or by creating a new e-commerce business. This class presents the most popular yet easy to use apps for each of the top categories including Furniture, Electronics, Clothing, Books, Art, and more. Learn which used items sell best and what can't be sold. Includes photography tips, pros and cons, dos and don'ts, tips and strategies, costs and how you get paid. So, determine which apps are the best match for the items you want to sell.



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