

Natural Dyes, Making a Sustainable Studio

Instructor: Megan Gottfried

Recommended Supplies:

- Foraged Plant Material
- Small pieces of fabrics: cotton or silk
- Small notebook of watercolor paper
- A few avocado pits
- Turmeric
- Cochineal bug
- Iron pills or closed glass of rusty nails and metals
- rubber bands

Textbooks:

- Jenny Dean. [Wild Colour](#)
- Jim Liles. [The Art and Craft of Natural Dyeing - Traditional Recipes for Modern Use](#)
- Dominique Cardon. [Natural Dyes: Sources, Tradition, Technology and Science](#)
- Joy Boutrup, Catharine Ellis. [The Art and Science of Natural Dyes: Principles, Experiments, and Results](#)

Optional Supplies:

- Iron pills or closed glass of rusty nails and metals
- Bucket
- Gloves
- Alum

Shopping Resources:

- [Botanical How Tos](#)
- [Maiwa Natural Dyes](#)
- [Natural Paint Resource Page](#)
- [Natural Dyes](#)
- [Tannins](#)
- [Avacado Dye](#)

Questions?

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