

Oil Painting for Beginners

Instructor: Sarah Norsworthy

Recommended Supplies:

- Oil Paint: Student Grade, Gamblin 1980 brand is a great option or Winton
 - One 150 ml tube titanium white
 - Set of 37 ml tube paints student grade-- cad red, ultramarine blue, cobalt blue, ivory black, cad yellowlight, yellow ochre, burnt sienna, quinachridone red, optional colors: raw sienna, sap green, manganese blue hue
- Bristle Brushes – if you find a bag of cheap sale bristle brushes that has a good variety that can work rather than picking out individual brushes
 - Filbert, size # 2, #8
 - Round, size #2, #4, #10
 - Flat, size #8, #12
 - 1 household brush (cheap chip or black foam brush is fine) 1.5”-3” for gesso
- 2-3 palette knives, trowel style
 - 1 small diamond shape, 1 medium diamond shape, one longer style optional
- Medium, Primer, Solvent
 - Gamblin linseed oil 8 oz.
 - Gesso 16 oz.
 - Gambsol 16 oz.
- Supports
 - pad watercolor paper (medium-large size)
 - 1 wood panel 12” x 12”
 - 2 Prestretched Canvases approx 20” x 30”
- 1 coil brush cleaner jar (or homeade cleaning jar with wire coil or tin can inside jar with holes in it)
- 2 (8oz. Min.) Squeeze bottles with caps
- Paint scraper (only if you use a glass palette)
- Disposable latex gloves
- painters tape or white artist tape
- pad of disposable palettes (or a small glass palette about 12” x 12)
- 1 drawing board (can be made from a piece of masonite to accommodate 18 x 24 in. paper)
- Rags made from old t-shirts or a roll of shop towels (not provided in kit)

Optional Supplies:

- 1 small notebook
- 1 pencil
- 1 eraser

The Seattle Colleges does not allow the following acrylic or oil paint colors on campus:

Questions?

Email: conted@seattlecolleges.edu

Phone: (206) 934-3705

Updated: 1/6/2026

- Cadmium Yellow light
- Cadmium Yellow medium
- Cadmium Yellow deep
- Cadmium Orange
- Cadmium Red light
- Cadmium Red medium
- Cobalt Teal
- Permanent Green Light
- Green Gold

Shopping Resources: (Painting)

- Artist & Craftsman 4350 8th Avenue NE, Seattle 206-545-0091
- Dick Blick Art Materials 1600 Broadway, Seattle 206-324-0750
- Jerry's Artarama Online www.jerrysartarama.com (takes a few weeks to receive order)

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