

# CONTINUING EDUCATION

*Live to Learn!*

**SPRING 2026**

206.934.3705 | [www.learnatnorth.org](http://www.learnatnorth.org)



**Hands On. Minds Open. Spring Ready.**

Critique: Art around the Sound | Donut Baking 101: Warm, Fresh & Glazed  
From Plan to Plate: Fresh from the Garden - No Stove Summer Meals  
Intermediate Gouache Painting | Taiwanese-Mandarin Level 2  
Balanced Body Barre | Poetry Writing for Everyone | Ecstatic Drum and Dance Class  
How the Ninth Street Women Liberated Art History | Drawing Flowers in Graphite  
Watercolor Washington Mammals | North Seattle Community Orchestra  
Working in Color: Intermediate Photography  
Basic Carpentry & Woodworking: Advanced Adirondack Chair



ARTS & SCIENCES

# Welcome to Continuing Education

## Celebrating Learning Since 1970

We are committed to enriching lives by:

- Offering lifelong learning opportunities
- Serving community needs and interests
- Expanding horizons through quality educational experiences



Visit our website for  
current course catalog.

[conted.northseattle.edu/about/catalog](http://conted.northseattle.edu/about/catalog)

**Spring 2026**

**April 6th - June 22nd, 2026**

### Table of Contents

#### Arts

Art Appreciation	1
Ceramics	1
Color Theory	2
Drama	2
Drawing	3
Jewelry	4
Mixed Media	5
Music	5
Painting: Acrylic	6
Painting: Oil	7
Painting: Other	7
Painting: Watercolor	8
Photography	8
Printmaking, Screenprinting & Zine's	9
Sewing	9
Wood Carving & Burning	10
Writing	10

#### Computer

AI & Digital Skills	11
Excel	12

#### Enrichment

Entertainment	12
Financial	12
Nature & Science	13
Personal	14

Travel	15
--------	----

#### Fitness

Dance	15
Exercise	15
Movement	16

#### Food

Baking & Desserts	17
Cooking	17

#### Home & Garden

Edible Gardening	18
Home Style	18

#### Language

ESL	19
French	19
Italian	19
Japanese	19
Sign Language	20
Spanish	20
Taiwanese-Mandarin	21

#### Professional

AFH	22
Business Sills	22
Work for Yourself	23

### Office Hours

Mon, Wed, Thurs, Friday 8:30am - 5:00pm  
Tuesday 10:00am - 5:00pm

### Holiday Schedule

5/25/2026 Memorial Day  
6/19/2026 Juneteenth Day

**ARTS**

## Art Appreciation

**Critique: Art Around the Sound**

04/19/2026 2:00PM Gottfried, Megan  
 Critique: Art Around the Sound invites students to step into the city as a living studio where ideas, materials, and perspectives unfold in real time. Each week, we'll gather at a different museum, gallery, or community art space to encounter artwork that expands curiosity, and challenges perspectives. Through guided prompts, reflective sketching, and shared conversation, this course will encourage students to explore how inspiration emerges from place, context, and the unexpected. Bring a sketchbook, an open mind, and a willingness to let the city's creative energy move you. Comfortable shoes and curiosity encouraged!

**Spring at Seattle Art Galleries**

04/15/2026 12:30PM John, Victoria  
 What better way to celebrate the lush imagery of spring than to explore the art galleries in Seattle. We will meet weekly at local galleries to hear talks, ask questions, and peruse the space. Following each visit, we will gather for afternoon tea or coffee to discuss the art and share interests. A sampling of galleries includes Greg Kucera, Foster/White, Stonington, ArtX Contemporary, Gray Sky, Harris Harvey, Steinbrueck Native Gallery, and SAM Gallery. Whether you are a seasoned gallery visitor or a newcomer, you are welcome to take part in this harbinger of spring as you experience the Seattle art scene.

**How the Ninth Street Women Liberated Art History**

04/20/2026 10:00AM John, Victoria  
 In a 1951 Greenwich Village avant-garde art exhibit, five formidable artists emerged: Lee Krasner, Grace Hartigan, Elaine de Kooning, Joan Mitchell, and Helen Frankenthaler. In her book Ninth Street Women, Mary Gabriel tells their remarkable stories with electrifying truth, candor, and a fresh perspective. Individually and collectively they helped define the Abstract Expressionist movement and challenged societal norms with a new doctrine of liberation. We will examine their art, engage with their stories, and learn how their experiences inspired future generations of women artists. As such, these five women revolutionized the modern art world in postwar America. The legacy of the Ninth Street Women reminds us that art is more than just aesthetics. It is about breaking barriers and creating new paths for others to follow.

## Ceramics

**Intermediate and Advanced Ceramics**

04/17/2026 6:00PM Fultz, Althea  
 Take your ceramics to the next level and refine your wheel-throwing and hand-building skills. You will learn from the instructor and each other in this class as you hone your clay skills. Each class will include a demo or discussion of techniques according to the instructor's curriculum or students' expressed interests. North Seattle College fires to ^6 with no exceptions. Outside glazes must be approved by the studio technician. Previous ceramics experience is required.

**Beginning Ceramics**04/18/2026 10:00AM Fultz, Althea04/18/2026 2:00PM Fultz, Althea

Transform a lump of clay into a piece of art! Using basic wheel-throwing and hand-building methods, learn to create cups, bowls, boxes, and more. Individualized instruction and demonstrations of the technical underpinnings will give you a strong foundation in the ceramic arts. This course is intended for beginner students new to ceramics. Students may repeat for up to four quarters; students with four or more quarters of any level of ceramics will not be permitted to join.

**Color Theory****Explore the Mysteries of Color 2**04/07/2026 6:30PM Ramage, Andrea

Review 7 color contrasts and Albers exercises, and add new concepts of transparency, transposing color keys, split complements, and more. Gain confidence and have fun applying intentional color and design choices to fashion, home décor, story boards and artworks.

**Drama****Improv for Life**04/14/2026 6:00PM de Barros, Heleya

Come de-stress, build confidence, and challenge yourself in the Improvisation for Life class! Improv isn't just for actors—play, create, and discover how this fun acting technique applies to everyday life. Build your empathetic listening skills and step outside of your comfort zone in a fun, supportive space where mistakes are embraced. Through ensemble games and exercises participants will explore the fundamentals of improv: listening,

accepting, resilience, taking risks, and teamwork. No experience necessary; just a willingness to play and have fun!

**Let's Go To The Theatre & See:****Appropriate**04/24/2026 2:30PM de Barros, Heleya

Love theatre or want to dive in? Join this fun, community-focused class where we prep to see local plays with engaging pre-show workshops—exploring themes, characters, and production details—then attend Saturday matinees together. Stick around after the show for lively group discussions. Whether you're new to the arts scene or a longtime fan looking for a crew to chat with, this is your ticket to deeper connection and great performances. No theatre experience needed! Workshops held at North Seattle College; outings at local theatres.

*Appropriate* by Brandon Jacobs-Jenkins: When the Lafayettes descend upon their late father's crumbling plantation home for an estate sale, they unearth an appalling secret that pits them against one another. Through a cascading series of revelations, biting humor boils over into bruising conflict, and no one will escape this family gathering unscathed. Smart, incendiary, and never before produced in Seattle, this 2024 Tony Award winner by Brandon Jacobs-Jenkins depicts a Southern family wrestling with a destructive inheritance as they consider the legacy they want to leave for the next generation.

Location: Seattle Rep (Seattle Center)

## **Let's Go to the Theatre & See: Barefoot in the Park**

06/05/2026 2:30PM [de Barros, Heleya](#)  
Love theatre or want to dive in? Join this fun, community-focused class where we prep to see local plays with engaging pre-show workshops—exploring themes, characters, and production details—then attend Saturday matinées together. Stick around after the show for lively group discussions. Whether you're new to the arts scene or a longtime fan looking for a crew to chat with, this is your ticket to deeper connection and great performances. No theatre experience needed! Workshops will be held at North Seattle College and outings at local theatre's in Seattle.

*Barefoot in the Park* Neil Simon:  
Paul and Corie Bratter are newlyweds in every sense of the word. After a six day honeymoon, they get a surprise visit from Corie's loopy mother and decide to play matchmaker during a dinner with their neighbor-in-the-attic Velasco, where everything that can go wrong does.

Location: Taproot Theatre (Phinney Ridge)  
204 N 85th St, Seattle, WA 98103

## Drawing

### **Introduction to Drawing**

04/06/2026 6:00PM [Norsworthy, Sarah](#)  
04/09/2026 3:00PM [Norsworthy, Sarah](#)  
Learn the basic techniques of drawing while working from still life, places in our immediate environment and each other in this introductory drawing class. We will focus on the building blocks of drawing such as composition, measurement, line, shape, value, gesture and mark. You will become familiar with a variety of materials and approaches to drawing by studying

artwork both historical and contemporary. Although instruction will be rooted in drawing from observation, we will explore the potential to abstract from what we see and experiment with working from memory. We will engage in group discussions throughout the course.

### **Introduction to Drawing 2**

04/07/2026 6:00PM [Norsworthy, Sarah](#)  
Get creative while developing skills learned in an Introduction to Drawing course. We will advance our approaches to creating still lifes, as well as working from the landscape and the figure, both from observation (if possible) and from memory. Students will explore concepts of space, light, and form through previous knowledge of materials such as graphite, charcoal, and ink.

### **Figure Drawing**

04/10/2026 6:30PM [Gottfried, Megan](#)  
Discover the fundamentals of figure drawing in this dynamic class, where we'll explore both observational accuracy and conceptual interpretation of the human form. Rooted in classical drawing techniques, this course will emphasize traditional methods of measuring proportion, constructing the figure with geometric forms, and refining drawings through careful attention to light, shadow, and edge quality. You'll learn to build the body from the inside out—starting with internal structures like the skeleton and layering external forms. We'll also examine different ways to interpret the figure, encouraging you to push beyond naturalism and develop your own visual relationship with the human form. Open to all skill levels! This course involves drawing naked bodies.

**Drawing Flowers in Graphite**05/20/2026 6:30PM [Bundi, Robin](#)

Unleash your creativity and discover the enchanting world of flowers through the magic of graphite drawing. Whether you're a beginner or an intermediate artist, this class is designed to guide you on your journey to mastering realistic flower drawings. We'll build your observational skills, teach you the secrets of value, shading, and form, and help you create a sense of volume and delicate petal textures. You'll learn how to capture accurate proportions using graphite pencils, and you'll work from both photographs and real floral specimens. Throughout the course, you'll practice techniques for line quality, layering tone, and creating depth. By the end of the program, you'll have finished graphite flower drawings that will showcase your talent and skills, and you'll gain valuable insights that can be applied to other drawing and painting media.

techniques, creating chain links and rings. Once you're confident, you can choose to work with sterling silver wire for a more advanced challenge. This class is hands-on and designed for beginners, but anyone looking to sharpen their soldering skills is welcome. You'll leave with a solid foundation in soldering and some beautiful handmade pieces.

Sterling silver wire (14, 16, or 18 gauge, dead soft) is optional and available for purchase online ([riogrande.com](http://riogrande.com)). All other supplies are provided.

**Intermediate and Advanced Jewelry Fabrication**04/21/2026 6:30PM [Foy, Peggy](#)

Take your jewelry design skills to the next level. Do you have an idea for a complex project you've been wanting to tackle, but not sure where to start, or need to advance your skills to make it happen? Learn multistep soldering, stone setting, forming and finishing techniques that will help make your elaborate jewelry design ideas a reality. The first class is mandatory. If you miss the first class, you will have to be dropped, and you will be issued a full refund.

**Production Essentials for Handmade Jewelry**04/23/2026 6:00PM [Mohyuddin, Ayesha](#)

This course covers the basics of how to design a line of jewelry for production and sale. Students will learn best practices for designing and reproducing a cohesive collection while considering material sourcing, time management, and pricing. This course will also cover business structures, revenue streams, marketing and photography techniques best suited for selling handmade jewelry.

## Jewelry

**Fine Silver Fusing and Loop-in-Loop Chain Workshop**04/11/2026 11:00AM [Quarles, M](#)

In this weekend workshop students will learn how to fuse fine silver and how to make various loop-in-loop chain styles. Students will also gain a basic understanding of how to make end caps and different clasps. By the end of the weekend, students will complete either a bracelet or necklace depending on speed.

**Introduction to Silver Soldering and Chain Making Workshop**04/18/2026 11:00AM [Quarles, M](#)

Learn the art of silver soldering in this two-day workshop. You'll start with copper sheet and wire to practice key soldering

**Beginning Jewelry Fabrication**04/24/2026 6:00PM [Quarles, M](#)

Learn how to produce your own jewelry design! Beginners are encouraged, but more experienced metalsmiths are welcome too. We'll practice basic metal fabrication and silver soldering techniques with non-ferrous metals and stones to create finished jewelry pieces. The first class will be mandatory. If you miss the first class you will have to be dropped, and you will be issued a full refund.

## Mixed Media

**Mixed Media Self Abstraction**04/08/2026 10:00AM [Hamburger, Ryan](#)

Discover your own creative language and use it to develop your artistic practice. In this class we will use multiple mediums and learn new techniques to push ourselves in exploring self-expression. This class is perfect for someone who has taken abstract art classes before and is wondering "What next?". We will combine mediums: watercolor, acrylic, collage, pencil, oil pastel, and ink. We will explore the use of symbols, written words, texture, drawing and the use of representational images. The goal of this class is to access ourselves as a source for expression; to find an abstract narrative that resonates with you. 2D abstract class experience is helpful.

## Music

**Beginning Guitar**04/07/2026 7:00PM [Kohl, Frank](#)

Pick up the guitar and play! Learn chords, strum patterns, tablature, and notes while learning songs. Pick up some basic theory. Have fun while learning the fundamentals that make guitar playing rewarding in this comfortable class environment.

**Jazz Ensemble**04/08/2026 8:00PM [Radke, Fred](#)

Practice and perform in concert the newest big-band arrangements which cover all styles of big-band jazz. This class combines talents of professional and student musicians in the big-band experience. Membership is by audition only, which take place during the first class; registration is required within 10 business days of the first class session.

**Vocal Performance and Stage Technique Workshop**04/08/2026 12:00PM [Funes, Gina](#)

Learn more about vocal performance, techniques, and stage presence in individual study with well-known singer and recording artist, Gina Funes. You will have a piano accompanist, and a recital is performed at the end of each quarter with the pianist.

**North Seattle Community Orchestra**04/11/2026 4:00PM [Dougherty, William](#)

The North Seattle Community Orchestra (NSCO) is an inclusive, community-based ensemble open to musicians of all ages, backgrounds, and skill levels. Modeled after the Philadelphia Community Orchestra (PCO), the NSCO provides a welcoming space for those who want to make music together-whether you are returning to your instrument after many years, picking it up for the first time, or seeking new creative challenges.

The orchestra explores an eclectic repertoire that goes beyond the traditional canon. Our programs feature rarely heard works from the past, alongside experimental, improvised, and contemporary music from the 20th and 21st centuries.

We also work with graphic and text-based scores that make participation accessible to players with varying levels of musical training.

Rehearsals take place every other Saturday at North Seattle College through the Continuing Education program, offering participants the chance to build community while developing their musicianship in a collaborative, supportive environment. The NSCO values curiosity, openness, and creativity over technical perfection—focusing on the joy of discovery and the shared experience of making music.

Whether you are a seasoned musician or brand new to ensemble playing, the North Seattle Community Orchestra invites you to join in and help create something adventurous, inclusive, and uniquely rooted in our neighborhood.

### **Ecstatic Drum & Dance**

04/19/2026 10:00AM [Cisneros, Blake](#)

Join us for an Ecstatic Dance style class, accompanied by powerful Afro-Caribbean drum rhythms! We start with a warm-up to stretch and get our bodies moving, then we get things cooking with some hot dance music set to live percussion and ambient EDM. Ecstatic Drum and Dance is a free form movement space: No dance steps to learn, no instructor to follow, this is a time for you to let go, dance and sweat your worries away! Powerful Afro-Caribbean rhythms ignite the dance floor so you can move your body and soul. Get ready to sweat, shake it off and let go of whatever is making you feel some type of way. Drum and Dance is the medicine you have been searching for. Come get your dose.

### **Painting: Acrylic**

#### **Abstract Gelli Printing and Collage**

04/08/2026 6:00PM [Hamburger, Ryan](#)

Explore the fascinating world of abstract collage and gelli plate printing in this dynamic beginner's course. Designed for those eager to unleash their creativity, this class blends traditional and modern techniques to create stunning, one-of-a-kind artworks using a Gelli plate, acrylic paint, and paper. Delve into the vibrant realm of gelli plate printing, where spontaneity meets technique. Learn the basics of creating monoprints using gelli plates, exploring methods to transfer intricate patterns and textures onto paper. Develop skills in color mixing and layering to produce captivating prints that reflect your individual style. Throughout the course, you will receive personalized guidance and constructive feedback, empowering you to refine your techniques and build confidence in your artistic journey. Whether you are a seasoned artist looking to expand your repertoire or a newcomer eager to explore mixed media, this course offers a nurturing environment to cultivate your creativity and create compelling abstract artworks through collage and gelli plate printing.

#### **Landscapes in Acrylic Paint**

04/09/2026 10:00AM [Arnitz, Robin](#)

Students will learn to paint beautiful landscapes in this beginner to intermediate acrylic class. The class will cover acrylic techniques, atmospheric perspective (how to create depth in landscape), foliage, plus some fun, alternative ways to approach landscape that may surprise you.

**Acrylic Painting for Beginners**04/10/2026 10:00AM [Arnitz, Robin](#)

Discover the art of modern life; learn a new way of thinking and seeing, and create dynamic abstract paintings. Express your inner self through your work with this more personal and expressive mode of painting. This class is designed for all levels of experience. Class process includes discussion of contemporary issues, demonstrations of materials, style, and structure, and the simple concepts behind the actions. In this course you will be painting with acrylics.

Painting: Oil

**Oil Painting 2**04/07/2026 6:00PM [Norsworthy, Sarah](#)

Enjoy continued exploration of oil paint as a medium, having taken Oil Painting for Beginners, or having some experience working with oils previously. We will explore abstracting from observation, developing a personal narrative, working from memory, as well as some painting in the landscape.

**Oil Painting for Beginners**04/08/2026 2:00PM [Norsworthy, Sarah](#)

In this class students learn the fundamentals of painting with oils, gaining a knowledge of the materials and a range of approaches both historical and contemporary. Through assignments based in observation, students will explore basic concepts of painting such as composing with color, value, gesture, shape, and line, as well as different ways of applying paint to canvas, panel, and paper with brush and palette knife. Students will learn how to create and work from a still-life, self-portrait, as well as from each other.

**Abstract Oils with Cold Wax Medium and Mixed Media**04/10/2026 10:00AM [Gogrof, Andrea](#)

Discover a new creative medium when you combine the classic, rich surfaces of oil painting with the translucent depth and varied textures of cold wax. Exploring these mediums along with acrylic, charcoal, pastels, and ink, including collage, we experiment, discover and learn new ways to give expression to our inner landscape of forms and color.

Painting: Other

**Natural Dyes, Making a Sustainable Studio**04/09/2026 6:30PM [Gottfried, Megan](#)

Students will explore the art and nature of using plant-based materials to create vibrant, eco-friendly dyes. Over consecutive classes, participants will learn the fundamentals of scouring, mordanting, and dyeing various fibers with natural materials like turmeric, avocado pits, and cochineal. The course will include hands-on activities such as immersion dyeing, shibori resist techniques, and eco-printing, with a focus on sustainable practices and the history behind each dye source. By the end of the course, students will have a deeper understanding of natural dyes, how to apply them creatively, and how to integrate sustainable studio practices into their work.

**Introduction to Gouache**04/11/2026 1:00PM [Case, Sam](#)

Gouache is a favorite medium of illustrators and animators, but it's something that many people may not have used before. If you enjoy watercolor or acrylic painting, gouache is the perfect addition to your kit. Join me on to learn a little about the history of this versatile paint and how you can use it and combine it with other paints to make your own gorgeous illustrations and paintings.

**Intermediate Gouache Painting**05/09/2026 10:00AM Case, Sam

Gouache is a favorite medium of illustrators and painters around the world because of its versatility and gorgeous matte finish. Join me as we learn more about this medium, diving into more brushwork and techniques that will help you make your painting sing. This class is recommended for those with beginning gouache or watercolor experience.

Painting: Watercolor

**Abstract Watercolors**04/07/2026 10:00AM Hamburger, Ryan

Combine the expressive, personal, object-free vision of abstraction with the smaller, intimate beauty of watercolors. The focus of this class is on the elements of design, color and harmony, line and shape while creating an exciting and compelling painting that expresses a personal inner vision. Often alluding to nature or a state of mind, Abstract Watercolors will carry the painter to the beauty of feelings, spirit, and imagination.

**Watercolor Washington Mammals**04/08/2026 6:30PM Bundi, Robin

Come watercolor Washington's wild mammals! In this beginner to intermediate level class, students will learn techniques to create realistic and accurate watercolor paintings inspired by mammals found throughout our state. You'll build skills for painting fur, texture, and form while learning how to observe and capture animal character. Students will leave with finished watercolor pieces of Washington mammals and the confidence to apply these techniques to other subjects.

**Watercolors for Beginners**04/11/2026 10:00AM Case, Sam

Watercolor is one of the most versatile and approachable painting mediums. In this

introductory course we'll be exploring what the medium can do. We'll experiment with watercolors and learn how to blend colors, layer, and play with other materials like sugar and soap to achieve different effects. This class will focus on basic techniques so that you walk away with a solid foundation to take to your next fabulous artwork!

**Landscapes in Watercolor**05/09/2026 1:00PM Case, Sam

Elevate your watercolor skills and embark on a captivating journey through the world of landscape painting in this intermediate class! Dive into the exploration of texture, colors, and compositional challenges. Through hands-on exercises, you'll practice watercolor techniques, ultimately discovering your personal direction in the realm of watercolor landscapes.

Photography

**Working in Color: Intermediate Photography**04/11/2026 9:00AM Stahl, Robert

This intermediate digital color class via zoom will explore ways color can work with exposure and composition to produce compelling imagery. We'll examine how different colors interact to create a sense of mood and atmosphere. The selection of color and tone can have a calming effect or generate tension. Primary and secondary colors will be discussed along with warm & cool, monochromatic, and pastel colors. As well, the effects of different kinds of lighting (contrasty & overcast, e.g.) will be seen to influence the perception of color. Tripod is required. The class will have two Sunday morning field trips with the instructor on April 12 & 19 (details given in class). Instructor's work has appeared in National Geographic publications.

## Printmaking, Screenprinting & Zines

### **Screenprinting: Techniques for All Levels**

04/06/2026 6:00PM [Graudins, Kerstin](#)  
Explore the possibilities of screen printing on paper and other flat surfaces. In this hands-on class, you'll learn how to prepare screens and create stencils using paper, photo emulsion, and screen filler with drawing fluid. We'll cover key tools and techniques, including methods for registering colors and developing original designs. You'll work with water-based inks and experiment with photographic, reductive, and drawing approaches. Class is open to all skill levels.

### **Introduction to Zine Making**

04/20/2026 6:30PM [Edenfield, Bryan](#)  
Create your own zine and explore the art of DIY self-publishing. In this hands-on class, you'll experiment with storytelling and self-expression through words and images. You'll also learn practical techniques for crafting zines from everyday materials, focusing on simple, creative methods to bring your ideas to life. Perfect for beginners and those looking to reconnect with the zine-making process, this class offers a relaxed space to make something that's entirely your own.

## Sewing

### **Beginning Sewing 2: The Next Level**

04/07/2026 6:30PM [Johnson, O'Lisa](#)  
Want to sew more? This course focuses on altering the home sewing pattern for a better fit and a custom design. You will use additional techniques and applications to learn and sew different seam finishes, collars, sleeves, buttons, zippers, pockets, and much more allowing you to build on your sewing and design skills. Fabric, patterns, and additional supplies are provided by the instructor. Please have a

sewing machine in good working order that will stitch through a variety of fashion fabrics, power cord, foot control, bobbins, operator's manual (if available), sharp scissors, tape measure, and straight pins. This class is not open to students under the age of 18.

### **Beginning Sewing**

04/09/2026 6:30PM [Johnson, O'Lisa](#)  
04/11/2026 9:00AM [Johnson, O'Lisa](#)  
No more struggling through sewing projects; learn to sew the fun and easy way! Practice pattern reading, choosing the right fabrics and laying out fabric to create a finished piece you can be proud of. Whether you want to re-decorate your home, make crafts or clothes, we'll get you stitching in the right direction. You will sew three projects in class; fabric and patterns for each project provided by the instructor. Please bring a sewing machine in good working order, power cord, foot control, bobbins, operator's manual (if available), sharp scissors, tape measure and straight pins. This class is not open to students under the age of 18.

### **Alter This - Alter That!**

05/16/2026 9:00AM [Johnson, O'Lisa](#)  
Get more wear from your garments by learning "simple" alterations and repair techniques. In this class you will learn how to alter hems and waistlines to create a fitted garment. Bring 2 or 3 of your favorite wardrobe pieces to alter in class, along with scissors, sewing machine and power cord in good working order. Sewing experience and an operational sewing machine are required for this class. Please make sure your machine will sew apparel knit, woven, and bulky fabrics. A personal supply tool pack specific to altering seams will be provided by the instructor. This class is not open to students under the age of 18.

## Wood Carving & Burning

### **Pyrography**

04/06/2026 6:00PM [Shojaei, Saman](#)

Discover the art of pyrography, also known as wood burning, in this focused one-day workshop. Students will learn how to use heat-based wood burning tools to create clean lines, textures, and decorative patterns on wood.

This hands-on class introduces essential pyrography techniques, including tool handling, pressure control, temperature adjustment, line work, shading, and layering. The workshop is designed to help students build a strong foundation in wood burning while creating a finished piece during class.

This class is suitable for beginners as well as those with some prior experience. Step-by-step demonstrations and individual guidance will be provided throughout the session.

All tools and materials are provided, so students can focus entirely on the creative process. By the end of the workshop, each participant will leave with a completed pyrography project and the confidence to continue exploring wood burning techniques on their own.

### **3D Animal Woodcarving**

05/04/2026 6:00PM [Shojaei, Saman](#)

During this class you will carve two 3-dimensional figures or objects. The instructor has been practicing the art of wood carving for many years and will show you how to go about it. He will show you the different tools to use and what woods to choose for your two projects. This is the perfect place to start as a beginning wood carver.

## Writing

### **Creative Writing 2**

04/16/2026 2:00PM [Bolan, Chelsea](#)

Creative Writing 2 is a 6-week class for anyone looking to develop their writing through practice, discussion, and community support. You can write in any genre and bring in your own work, whether it's a finished draft, a work in progress, or something new you've written during class.

This creative writing class focuses on giving and receiving feedback that is thoughtful, honest, and helpful. You'll learn how to use that feedback to revise and move your writing forward. In-class writing time and conversations will help spark ideas and give you fresh ways to look at your work.

By the end of the course, you'll have revised one or two pieces, built your feedback and revision skills, and added new writing to your practice.

### **Introduction to Creative Writing**

04/16/2026 6:30PM [Bolan, Chelsea](#)

Introduction to Creative Writing is a playful, generative writing course for anyone who wants to write in the community of others and cultivate a creative writing practice. You will use prompts and writing activities to help you leap the boundaries of your brain, explore genres, and create and curate your own material to expand into creative writing projects. In addition, you will learn the art of workshop and how to give and receive useful feedback. In this supportive environment, you'll gain confidence as a writer, learning to trust your process and your work. By the end of the 6-week course, you will have developed a regular writing practice, established a writing community, and completed several original works of creative writing.

**Poetry Writing for Everyone**

04/18/2026 11:00AM Edenfield, Bryan  
Lautréamont believed poetry belongs to everyone. The Surrealists saw it as a kind of magic. For many writers across time, poetry has been a way to speak freely and make sense of lived experience.

In this class, you'll write from prompts and read poems from a range of eras and voices. You'll share your work with others in a space that values curiosity, respect, and thoughtful feedback. The focus isn't on perfection or theory. It's on showing up honestly, working through ideas on the page, and letting language do its work.

**Writing A Short Memoir**

04/20/2026 6:30PM Dubois, Christine  
Turn your life experiences--dramatic and everyday--into a powerful short memoir. Tell the story of your life in bite-sized chunks. Learn the process of writing a short memoir piece: from selecting and reflecting on your experience, to writing and publishing your story.

**COMPUTER****AI****Getting Started with AI**

04/07/2026 7:00PM Pharr, Derek  
Curious about artificial intelligence but don't speak tech? This class is designed for everyday learners who want to understand what AI is, how it works, and why it matters — without needing a computer science background. We'll explore the basics of machine learning, algorithms, and real-world applications through simple language, interactive demos, and group discussion. Whether you're a small business owner, educator, artist, or just AI-curious, you'll leave with the tools to engage confidently

with one of today's most powerful technologies.

**Digital Skills****Canva for Content Creators Crash Course**

04/08/2026 7:00PM Sweeney, Michele  
Perfect for creators who want to level up their branding without becoming a graphic designer. Students will learn how to create eye-catching thumbnails, social media posts, Blog/Website graphics, and even short video clips using Canva's templates and tools. Includes brand kit setup, fonts, colors, and tips for batch content creation.

**Editing 101: CapCut Crash Course**

04/22/2026 7:00PM Sweeney, Michele  
CapCut is powerful, and surprisingly easy once you know what buttons to press. In this hands-on workshop, you'll learn how to edit a short-form video from start to finish including cut clips, adding music, captions, transitions, effects, and export for any platform.

**YouTube Jumpstart: SetUp + Upload Like a Pro**

05/06/2026 7:00PM Sweeney, Michele  
Want to start YouTube but don't know where to begin? This one's for you. Learn how to create a channel, write killer titles, upload your first video, and design eye-catching thumbnails in Canva. We'll also peek into YouTube Studio and cover basic analytics.

**Canva for Beginners**

05/20/2026 6:30PM Sweeney, Michele  
Learn the ins and outs of this design platform for creating graphics for social media, blogs, websites, and other visual content such as presentations and even book publishing. We will also cover built-in video creation and AI tools. Utilize this platform effectively for both personal and professional content needs. No graphic design background required. Students need a paid Canva Pro account. This is a hands-on class.

## Excel

**Getting Started With Excel**

04/08/2026 5:30PM Ramos, Francisco  
Master the basics and more of Excel and start organizing your data effectively. Learn how to set up worksheets, enter and format data, and use essential formulas. Get introduced to key Excel functions, sorting and filtering tools, and conditional formatting techniques. Plus, explore pivot tables to summarize data like a pro. This class is perfect if you're new to Excel or looking to sharpen your foundational skills. You'll need access to MS Office Excel for Windows (version 2016 or higher).

## ENRICHMENT

## Entertainment

**The Wisdom of Folktales**

05/09/2026 1:00PM Berks, John  
Experience the emotional and symbolic power of global folktales through live, drummed storytelling. We'll explore Skeleton Woman (Inuit), Prince Lindworm (Scandinavian), The Handless Maiden (Brothers Grimm), and The Maiden Czar (Russian). Each class begins with a performance, followed by discussion that

unpacks the story's deeper meaning using key Jungian concepts. No background needed—just curiosity and a love of story!

## Financial

**Welcome to Medicare**

04/11/2026 9:30AM Instructor, SHIBA  
Need help understanding Medicare? This workshop is for current and new beneficiaries, those who will soon be eligible and anyone who wants to learn more about Medicare health coverage. Various plan options, prescription drug coverage, supplements and ways to get help paying for Medicare will be discussed. This class is taught by a trained SHIBA advisor (Statewide Health Insurance Benefits Advisors). The SHIBA program provides free, unbiased and confidential assistance with health care choices. Au pairs may not take this workshop for hours unless given permission; contact the Continuing Education Director at [conted@seattlecolleges.edu](mailto:conted@seattlecolleges.edu).

**First Time Homebuyers Class**

04/18/2026 1:00PM Cisneros, Blake  
Join us as we demystify the entire home buying process from A to Z, and learn what it truly takes to win a deal in this rapidly changing housing market. Whether you are brand new to the process or have been around the block, this class will teach you how to gather data points, analyze a property, and know what to expect from the process. Educate yourself with the tools to win!

## **Everything You Should Know About Financial Advisors**

04/21/2026 6:30PM [Kim, Eugene](#)

Financial advisors charge fees that can cut into your retirement savings. Before you hire one, understand how those fees work and how they affect your long-term returns. It's smart to meet with a financial advisor but come prepared. Know the basics so you can ask better questions.

This one-hour seminar breaks down how you can invest for retirement, how compounding interest grows your savings, and how fees reduce your gains. You'll get a plain-language overview of stocks, bonds, and common investment products like ETFs, mutual funds, insurance policies, and annuities. We'll also go over tax-advantaged accounts including 401(k)s, IRAs, and others, plus what to know about Social Security. Along the way, we'll help you think through key questions: What do financial advisors actually do? What kind of investor are you? Should you manage your own investments or work with a pro?

## **Rock Your Retirement**

04/29/2026 6:30PM [Kim, Eugene](#)

This financial literacy class helps you build an investment strategy you can manage with confidence. You'll learn how the stock market works and how to use it to support your retirement. We'll also cover how that same knowledge applies to choosing a life insurance plan, preparing for your child's college tuition, using health savings accounts, buying a home, and planning your estate.

Rock Your Retirement focuses on real-life investment products and practical strategies. Every investment involves risk, so you'll also spend time thinking about

your own priorities and financial concerns. What matters to you? What do you need for retirement to work? How can you prepare for financial emergencies? How do your current and future obligations shape your decisions? All backgrounds and experience levels are welcome.

Before class starts, you're encouraged to read Guidebook to the Federal Reserve, a 100-page explainer that breaks down the economy, financial system, bonds, inflation, accounting, and the Federal Reserve. It's written to be clear and easy to follow. You can find the book on Amazon at Guidebook to the Federal Reserve or watch more on my YouTube channel Money Refinery.

## Nature & Science

### **Birding by Ear**

04/16/2026 6:30PM [Rose, Penny](#)

Discover the hidden world of bird language where identification, behavior and music come alive. This class will explore the use of bird songs and calls as a form of identification of bird species. We will introduce tools, apps and methods of learning birding by ear and then practice these skills during two field trips to diverse parks where theory becomes reality.

### **Map and Compass for Beginners**

04/30/2026 6:30PM [Greule, Otto](#)

Learn to navigate with confidence using an orienteering compass and topographic map. This beginner-friendly course covers essential skills like understanding the difference between true and magnetic bearings, perfect for hiking, backpacking, or general navigation. Students will explore engaging online content with real-world videos and detailed animations, followed by a hands-on field trip to practice your new skills. Please note: GPS and Geocaching are not covered.

## Personal

**Finding & Living Your Purpose**04/09/2026 6:00PM Kim, Julius

Finding your purpose means setting a long-term goal that matters to you and contributes something positive to others. In this class, you'll explore different ways to define what that purpose is and shape it into a clear, personal statement. You'll use practical tools to help you figure out how to start living that purpose now, not later. Through guided exercises, small group work, and class discussions, you'll reflect on what matters to you and how to make your actions match your intentions. This class offers a space to think, plan, and practice living with more direction and meaning.

**Flying Saucer Cinema**04/10/2026 7:00PM Cohen, Eric

This classic science fiction film appreciation class showcases beloved films that cry out for viewing in a group setting the way they were first presented to the world. Each week will bring something new, films ranging from Golden Age sci-fi of the 1950s and 60s to the dystopian science fiction of the 1970s and occasional forays beyond.

Host Eric Cohen will be your guide and provide you with film information, trivia, and lively post-screening discussion every week. We welcome in the spring of 2026 with *Reptilicus*, a ridiculous yet endearing Danish-American 1961 monster movie about a reconstituted dinosaur-type creature with kaiju aspirations. Things get darker in our second entry for the quarter, *Night of the Demon*, the 1957 Jacques Tourneur (*Cat People*, *Out of the Past*)

horror classic about an American parapsychologist (film heavy Dana Andrews) who travels to England to investigate a satanic cult. Mixing things up, we then turn to the 1972 gonzo *Frogs*, an "eco-horror story" in which leading man Ray Milland, an old-school patriarch lording over a private island mansion, is confronted by a host of very angry amphibians, snakes, birds, leeches, lizards, and butterflies. To end the quarter on an upbeat note, we will be screening the groovy 1966 Italian psychedelic science fiction wonder *Wild, Wild Planet*, a swinging camp classic about a mad scientist bent on engineering a superior race of beings (Move over, Dr. Evil!).

Whether you are a seasoned science fiction film buff or simply want to put your head in a different place for a couple of hours every week, this will be an engaging, fun adventure of a class you won't want to miss!

**Astrology for Personal Growth Part 1**05/12/2026 7:00PM Moreno, Amanda

Astrology is an ancient language that describes cycles of time and the intersections of the above and the below. This class will teach you how to use your natal chart as a living map that can help you understand yourself and your place in this world. The approach will be experiential, psychological and relational. We will use lectures, guided visualizations, imagery, group work, storytelling and more. Part one of this course introduces the fundamentals of astrology: planets, signs, houses, modality, elements and aspects.

## Travel

**Traveling the Emerald Isle**

04/15/2026 6:00PM Gossett, Windy  
 From sweeping landscapes to the rocky cliffs of the Wild Atlantic Way, Ireland is an enchanting and magical place to travel. Whether you want to visit its vibrant cities or the small villages and countryside, this place will capture your heart through its rich culture and stunning scenery. Come delve into all things Irish, from its history, language, traditions, art, music, sports and lively pub culture to where to stay and eat, how to get there and all the sights you cannot miss. Windy Gossett, a previous resident of Ireland, will help you learn everything you need to know before visiting this beautiful country.

## FITNESS

## Dance

**Ballroom Basics and Beyond**

04/16/2026 6:30PM Boarman, Celia  
 This class will focus on 2 dances – Learn the basics and more to the smooth, versatile Foxtrot; then move to the upbeat Latin salsa. This course is perfect for those stepping onto the dance floor for the first time or for those who wish to brush up on their technique and learn some new moves.

**West Coast Swing**

04/16/2026 7:35PM Boarman, Celia  
 West Coast Swing is a slower swing created for busy dance floors and danced to a variety of music from Blues to Motown to Country. Perfect for beginners and those wishing to brush up on technique and learn a few more moves.

## Exercise

**Balanced Body Barre**

04/07/2026 7:30PM Peters, Kiera  
 Balanced Body Barre is a low-impact, full-body fitness class that blends elements of ballet-inspired movement, strength training, and mindful mobility. Using controlled, small-range movements and an emphasis on alignment, balance, and core stability, participants build strength, improve posture, and enhance body awareness. The class is accessible to a wide range of fitness levels and is designed to support functional movement, injury prevention, and overall physical well-being in a supportive, non-competitive environment.

**Strength and Conditioning**

04/07/2026 6:00PM Peters, Kiera  
 Get fit and have a blast! Interval training blends strength and cardiovascular circuits using body weight, dumbbells and a variety of equipment. This 90-minute class provides full-body conditioning and will target strength, balance, cardio and flexibility.

**Karate: Strength, Focus, & Self-Defense**

04/08/2026 5:30PM Kitagawa, Takesh  
 This adult karate class builds strength, coordination, and focus through structured weekly training. You'll learn practical self-defense along with striking, blocking, kata (forms), and controlled sparring. Classes are designed for adult learners at any fitness level, with an emphasis on technique, pacing, and safety.

In addition to improving your physical fitness, you'll gain flexibility, balance, and confidence. Each session helps reduce stress and sharpen mental discipline. No prior experience is needed.

Athletic clothing is fine, or wear a karate gi if you have one.

Classes meet weekly on campus and are paced to fit into a busy schedule. You'll train alongside others who want to stay active, learn new skills, and build confidence in a supportive setting.

## Movement

### **Beginning Tai Chi: Grasping the Sparrow's Tail**

04/11/2026 9:10AM [Sharp, Dennis](#)

Learn one of the best forms of low-impact exercise for health and longevity. Increase flexibility and strength by learning this slow flowing movement meditation. Experience deeper self-awareness, improved balance and mental concentration, as well as increased physical energy. Tai Chi is beneficial for all.

### **Continuing Tai Chi: Grasping the Sparrow's Tail 2**

04/11/2026 10:45AM [Sharp, Dennis](#)

Our focus is to complete and refine the long form, which consists of four sections containing about 45 postures each. Partner drills and beginning pushing hands enhance each student's comprehension of the subtle and profound nature of Tai Chi Chuan.

### **Tai Chi Ruler: Simple Exercises for Health and Longevity**

04/07/2026 10:00AM [Sharp, Dennis](#)

Tai Chi Ruler (Chih) is a form of Taoist Yoga (Dao-yin) that features 12 easy-to-learn exercises that are practiced with (or without) a Chih, a special wooden dowel that is held between the palms to help guide the circulation of vital energy (Qi). Easier to learn than Tai Chi with all the

same great health benefits, Tai Chi Chih is a complete low-impact aerobic system that relieves stress, improves respiration, increases circulation and enhances neuromuscular coordination.

### **Sustaining Vitality: Qigong**

04/09/2026 10:00AM [Sharp, Dennis](#)

Increase vitality, give your immune system a boost, and feel more energetic. Qigong is based on the principle of balancing your body's natural energy (Qi) through meditation, breathing, and movement exercises that are easy to learn and put into practice. This class focuses on three types of Qigong: meditative relaxation, movement exercises, and healing sounds. Come join us in this fun informative class.

### **Introduction to Somatics**

04/08/2026 6:30PM [Hopper, Patricia](#)

Feeling a bit "off" after a workout or a long week? This five-week class introduces you to Somatics, a gentle, pain-free movement practice designed to balance your hips, spine, and shoulders. Learn simple, effective routines that help reset your body, release tension, and restore coordination. Movements will be taught step-by-step and every student will receive a manual for at-home practice. Exercises are performed on the floor using a yoga mat. We provide mats, but you're welcome to bring your own if preferred. Recommended for all fitness levels, from couch potato to athlete.

This course is taught in person, on campus at North Seattle College.

**Continuing Somatics**05/20/2026 6:00PM Hopper, Patricia

Continue where we left off in Introduction to Somatics. Each of the four classes in this series will concentrate on relieving tension and restoring balance in specific areas of your body. Possible areas of focus include neck and jaw pain, hip tension, and walking with ease. In the introductory class, we cover the basics. In this class, we get to play and explore. Exercises are performed on the floor using a yoga mat. We provide mats, but you're welcome to bring your own if preferred. Bring a throw blanket if you need cushioning to lay on the floor comfortably.

This course is taught online via Zoom from North Seattle College. For the best experience, plan to have your camera on and positioned so the instructor can see you lying on your yoga mat.

**FOOD****Baking & Desserts****Cake Decorating for Beginners**04/11/2026 1:00PM Sweeney, Michele

Ready to turn your cake dreams into reality? Join award-winning Sugar Artist and Food Network Competitor Michele Sweeney for a fun, hands-on cake decorating class that's perfect for beginners. Over six weeks, you'll dive into the world of cake making, from baking the perfect cake to whipping up two types of buttercream, mastering piping techniques, and transforming simple desserts into edible works of art.

You'll get to practice piping flowers and borders, learning to fill your piping bags like a pro and color buttercream for eye-catching designs. By the end, you'll have

decorated cupcakes and an impressive eight-inch cake that's sure to wow at your next celebration! With one baking class via Zoom and the rest in-person, this class is all about collaboration, creativity, and cake, what more could you want? Just bring your apron, a sack lunch, and get ready to impress!

**Donut Baking 101: Warm, Fresh & Glazed**04/19/2026 2:00PM Sweeney, Michele

In this donut baking class, you'll learn how to make classic cake donuts from scratch. Chef Michele will guide you step by step as you mix, fry, glaze, and decorate your own batch. Choose vanilla bean or chocolate glaze and use her simple coating techniques to finish them off.

You'll also receive recipes for fritters, yeast donuts, and baked donuts to try on your own. As a bonus, you'll get access to a pre-recorded video where Chef Michele shows you how to make yeast donuts from start to finish. You can watch anytime and follow along at your own pace.

Students will receive a class prep packet, recipes, and a video recording of the class. Course price includes two people attending from one kitchen; only one person is required to register and pay for the course. Only the registered student will receive course link and associated video recordings.

**Cookie Decorating for Beginners**06/13/2026 1:00PM Sweeney, Michele

Ready to turn plain sugar cookies into edible works of art? Join award-winning Sugar Artist and Food Network Competitor, Michele Sweeney, for a fun-filled cookie decorating adventure!

Whether you're a beginner or just looking to level up your skills, this class will guide you through the essentials of working with royal icing. You'll learn how to master icing consistencies, outline and flood like a pro, and create stunning designs for any occasion. Plus, you'll learn how to make your own sprinkles and royal icing transfers to add that extra flair to your creations. Each quarter brings fresh themes, so there's always something new to decorate! Bring an apron, wear your comfiest clothes, and don't forget a sack lunch - this is one deliciously creative day you won't want to miss!

## HOME & GARDEN

### Edible Gardening

#### **Fresh from the Garden-No Stove Summer Meals**

04/26/2026 2:00PM Sweeney, Michele  
This online class helps you plan your summer garden around fresh, no-cook meals—perfect for warm days and small spaces. Designed for raised beds and containers in the Seattle area, you'll learn what to plant and harvest in early summer for food you can eat straight from the garden.

You'll plan three themed beds: the No-Cook Garden with cherry tomatoes, cucumbers, greens, basil, and mint; the Smoothie Garden with strawberries, carrots, kale, spinach, and beet greens; and the Snacking Garden with snap peas, baby carrots, radishes, and edible flowers.

We'll cover what to grow now, what to harvest soon, and how to keep plants healthy through dry spells with tips on watering, placement, and pest prevention. You'll also get simple, no-cook recipes for

each garden theme so you can use what you grow without turning on the stove. With planning worksheets, growing guides, and planting timelines provided, this class will have you hitting the ground running this summer. No experience needed, just an interest in food and a plan to grow it.

### Home Style

#### **Basic Hands-On Home Repair and Maintenance**

04/23/2026 6:00PM Marx, Peter  
Through hands-on techniques and classroom demonstrations, learn a variety of home improvement and maintenance skills. Gain confidence as you learn about hand tools, how to work with electrical outlets, switches, lighting; plumbing, faucets, wall repair and more. Get an overview of door and window installation, weatherization and remodeling. You will leave feeling confident in performing your own home repairs and maintenance. No textbooks are needed but a general home repair book

(Readers Digest, Black & Decker, etc.) might enhance class demos. Emailed instructions will be provided a few days before the first class.

#### **Basic Carpentry and Woodworking**

05/16/2026 10:30AM Marx, Peter  
Do you have power tools and want to learn to use them safely and effectively? Learn the basics of joinery, jigs, materials, methods and project design. After selecting your materials, you'll apply everything you've learned to safely use hand and power tools (circular saw and drill) in the construction and assemblage of your own toolbox, sewing box, garden box, etc. This class will show you that you don't need a wood shop for tackling your next project!

### **Carpentry and Woodworking: Advanced Adirondack Chair**

05/29/2026 10:00AM Marx, Peter

Have you taken our Basic Carpentry and Woodworking class? Looking for advanced projects to hone your skills? Learn the fundamentals of woodworking while building a classic Adirondack chair. This hands-on class walks students through the complete chair building process from raw lumber to a finished piece, while developing core carpentry skills that can be applied to future DIY projects. This class is an advanced class and you must take the Basic Carpentry and Working class prior to enrolling in this class. Emailed instructions and class room location will be provided a few days before the first class.

#### **LANGUAGE**

ESL

### **Everyday English**

04/06/2026 6:30PM Chai, Sylvia

Learn both conversational and academic English in a relaxed atmosphere in this 3.0 credit (30-hour), 10-session, Monday class. We will focus on everyday spoken English (eg, phrasal verbs & idioms), pronunciation (eg, intonation & schwa), and skills needed for tests such as TOEFL/Duolingo. This class is ideal for those who are already a conversational in English and/or who intend to take the TOEFL or Duolingo.

French

### **French for Beginners**

05/12/2026 6:30PM Brown, Janice

This course will prepare you for your vacation trip or for further study. You will learn how to pronounce French, and you will do lots of speaking practice as well as reading and listening. We will focus on how to talk about yourself and how to

understand and communicate your needs during your trip. You will be a more confident traveler and will also have made a good start on your French-learning journey.

Italian

### **Italian for Beginners**

04/07/2026 6:30PM Brown, Janice

Get a solid foundation in learning Italian. This course will guide you through how the language works and prepare you either for your vacation trip or for further study. You will develop a sound understanding of grammar and a broad knowledge of essential vocabulary.

Japanese

### **Conversational Japanese I**

04/16/2026 7:00PM Nakamura-Lambert, Risami

This conversational class is for beginners with little or no Japanese background and for those who want to brush up on Japanese speaking skills. We will cover useful phrases, pronunciation, vocabulary, some numbers, the ko-so-a-do words, and grammar. Students also experience Japan's unique culture and customs through class activities.

### **Conversational Japanese II**

04/14/2026 7:00PM Nakamura-Lambert, Risami

Continue to have fun and expand your skills while making plans, asking for permission, expressing like/dislike, and learning about Japanese customs and culture. Verb conjugations in phrases and sentences are also covered. Prerequisite: Conversational Japanese I or permission of instructor.

## Sign Language

**American Sign Language**04/07/2026 6:30PM [Jordan, Dennice](#)

Open the doors of communication and explore basic conversational sign language. You will quickly learn finger spelling, develop a basic vocabulary, and grasp the general concepts and structure of sign language communication. Consistently top-rated instructor will help you gain a solid ASL foundation.

**American Sign Language Level 3**04/09/2026 6:30PM [Jordan, Dennice](#)

Ready to keep building your ASL skills? Sign Language Level 3 is your next step. You'll expand your vocabulary, practice sentence grammar, and add facial expressions to strengthen your communication. Our top-rated instructor makes learning engaging and supportive. This class is an extension of our Basic Sign Language class.

## Spanish

**Spanish for Fun and Travel - Level 1**04/06/2026 6:30PM [Robertson, Rebecca](#)

Learn the basics of Spanish in a practical and enjoyable way with an experienced, fluent instructor! Practice common, useful phrases and vocabulary as you dive into the language with basic conversations. Develop your beginning Spanish speaking ability with basic grammar, verb conjugation and pronunciation. The class is a perfect introduction or a refresher for those planning a trip to a Spanish-speaking region.

**Spanish for Fun and Travel - Level 2**04/08/2026 6:30PM [Robertson, Rebecca](#)

A continuation of Spanish for Fun and Travel - Level 1. Practice common, useful phrases

and vocabulary as you dive into the language with basic conversations. Develop your beginning Spanish speaking ability with basic grammar, verb conjugation and pronunciation.

**Spanish for Fun and Travel - Level 3**04/07/2026 6:30PM [Robertson, Rebecca](#)

A continuation of Spanish for Fun and Travel - Level 2. Learn vocabulary through activities, stories, interviews and reading. Grammar structures will be introduced, and some homework will be assigned. Great for those who already converse in Spanish but want to increase fluency.

**Spanish Conversation for Beginners Level 2**04/14/2026 6:00PM [Ramón Joffre, Teresa](#)

Advance the conversational Spanish skills established in Spanish Conversation for Beginners 1. Build your confidence in speaking and listening while refining your vocabulary. Learn about Latin American culture (history, music, poetry, arts) from a native Spanish speaker. Practice words you already know and apply them to social situations. Learn to order food, have informal conversations about your favorite books or movies, discuss current events using newspaper articles written in Spanish, listen to songs to help identify and practice new and old vocabulary. Please Note: This class is conducted in Spanish and requires at least three months of previous Spanish classes.

## **Spanish Conversation Intermediate Level 2**

04/16/2026 6:00PM Ramón Joffre, Teresa  
Continue to enhance your Spanish speaking skills and feel more confident when communicating with native speakers. Build vocabulary for a wide variety of situations related to shopping for clothes, college activities and careers and health problems. Practice the subjunctive mode; speak and write using tenses such as the present perfect, past perfect, future, future perfect, and the conditional perfect. As always, we will include a cultural exploration of Latin American history, music, geography, and current events. Learn from a native speaker with over 15 years of experience teaching Spanish as a second language. This is an immersive class conducted in Spanish and ideal for intermediate students. Not sure if this is the class for you? Click here to take a self-assessment. Please note that there is no key, but if you feel comfortable answering most of the questions - this is the class for you.

## Taiwanese-Mandarin

### **Taiwanese-Mandarin Level 1**

04/22/2026 6:30PM Omori, Cindy  
This course provides a foundational introduction to Taiwanese phonics, with particular emphasis on the distinctions from Chinese phonetic systems to enhance linguistic accuracy and comprehension. Participants will examine the structural principles and writing methods of Mandarin characters, as well as the meanings they convey, complemented by basic sentence formation for practical application. Cultural components are integrated throughout the curriculum, offering a contextual exploration of Taiwan's historical evolution and contemporary society. Although the time

allotted is limited, every effort will be made to incorporate relevant cultural discourse that enriches the learning experience. The curriculum is designed to cultivate essential language skills while fostering a deeper appreciation of Taiwan's unique cultural identity.

Start learning Taiwanese Mandarin in this beginner-friendly class! Explore basic pronunciation, simple conversation, and essential reading and writing skills while building confidence in everyday communication. No prior experience needed, just curiosity and enthusiasm!

### **Taiwanese-Mandarin Level 2**

04/22/2026 7:40PM Omori, Cindy  
This class will review your phonics (bopomofo) for better pronunciations. Use a textbook to start a some simple sentence and grammar. Meanwhile, keep student's pronunciations in a right rail with bopomofo and tones. Mainly, the teacher will take time to make sure student's learned and are able to communicate with Taiwanese. Also continue the cultural and habits talking about Taiwan.



**PROFESSIONAL****AFH****Adult Family Home Administrator Certification**04/24/2026 9:00AM [Spada, Joseph](#)05/29/2026 9:00AM [Spada, Joseph](#)

Before you can register for this class you must complete the English Proficiency Prerequisite. This 54-hour class outlines and prepares students for the Adult Family Home licensing and inspection process. It covers the roles and responsibilities of a licensed provider, business and operations procedures, staff management, resident rights and care issues, and State and Federal laws governing Adult Family Homes. Taught by highly experienced providers/instructors. All training materials are provided. Questions: email [afh.north@seattlecolleges.edu](mailto:afh.north@seattlecolleges.edu) or call (206) 934-3619

**Business Skills****Business Productivity Applications**04/06/2026 10:30AM [Nazarian, Haji](#)04/07/2026 11:00AM [Nazarian, Haji](#)

This course introduces essential business productivity applications, including spreadsheets, word processing, database, and presentation software. Students gain an overview of file management techniques, email systems, and operating systems commonly used in business environments. This course is part of the Business Technology Management credit program and is offered in partnership with Continuing Education for learners taking it on a non-credit basis. Students who later choose to continue into the degree program may be eligible to apply for Prior Learning Assessment toward program requirements.

**Confident Interviewing for Professionals in Transition**04/14/2026 7:30PM [Illman, Carolyn](#)

This course is designed for professionals navigating a career change. Whether reentering the workforce, switching industries, or simply looking for something different. Through practical exercises, guided reflection, and behavioral interview question training, participants will learn how to confidently tell their story, showcase transferable skills, and align with roles that match their values. We will focus on tools like the STAR method, self-assessment frameworks, and values-driven narratives to help you shine in any interview.

**Introduction to Public Speaking**05/05/2026 6:30PM [Tabor, Patrice](#)

Would you like to reduce stage fright and gain more confidence speaking in front of a group? Whether you need to give a formal presentation or an informal presentation at a staff meeting, learning key skills will increase your effectiveness and self-confidence. In this course you will learn strategies to deal with nervousness, plan and deliver an effective presentation, and practice presentation techniques to capture audience attention. This course offers a supportive environment in which you will practice and receive feedback from the instructor and fellow participants.



## Work For Yourself

**Canva for Content Creators Crash Course**

04/08/2026 7:00PM [Sweeney, Michele](#)  
Perfect for creators who want to level up their branding without becoming a graphic designer. Students will learn how to create eye-catching thumbnails, social media posts, Blog/Website graphics, and even short video clips using Canva's templates and tools. Includes brand kit setup, fonts, colors, and tips for batch content creation.

**Editing 101: CapCut Crash Course**

04/22/2026 7:00PM [Sweeney, Michele](#)  
CapCut is powerful, and surprisingly easy once you know what buttons to press. In this hands-on workshop, you'll learn how to edit a short-form video from start to finish including cut clips, adding music, captions, transitions, effects, and export for any platform.

**YouTube Jumpstart: SetUp + Upload Like a Pro**

05/06/2026 7:00PM [Sweeney, Michele](#)  
Want to start YouTube but don't know where to begin? This one's for you. Learn how to create a channel, write killer titles, upload your first video, and design eye-catching thumbnails in Canva. We'll also peek into YouTube Studio and cover basic analytics.

**Canva for Beginners**

05/20/2026 6:30PM [Sweeney, Michele](#)  
Learn the ins and outs of this design platform for creating graphics for social media, blogs, websites, and other visual content such as presentations and even book publishing. We will also cover built-in video creation and AI tools. Utilize this platform effectively for both personal and professional content needs. No graphic



CONTINUING EDUCATION

North Seattle College  
9600 College Way North  
Seattle, WA 98103-3599

Visit our website for  
current course catalog.



[conted.northseattle.edu/  
about/catalog](http://conted.northseattle.edu/about/catalog)

PER FLTS CAR-RT WSS

Periodicals  
Postage  
**PAID**  
Seattle WA

Continuing Education (USPS 20-715)  
is published quarterly by  
North Seattle College  
9600 College Way N  
Seattle, WA 98103-3599  
Periodicals postage paid at Seattle, WA

POSTMASTER  
Send address corrections to  
Continuing Education  
North Seattle College  
9600 College Way N  
Seattle, WA 98103-3599

# VOCAL & JAZZ ENSEMBLE CONCERT

Directed by Gina Funes and Fred Radke.

EVENT HELD IN THE LIBRARY AUDITORIUM

Join us for live student performances!  
Concert admission is free.

**BRING THE FAMILY!**

Visit our website for campus event location directions, schedule and parking details.



For more information visit  
[www.learnatnorth.org](http://www.learnatnorth.org)



**Jazz Ensemble Concert:** Join us on campus in the new library auditorium for two upcoming student concerts. Concert admission is free, so bring the whole family and spread the word. For more information, including dates, time, and campus event location directions, visit our website.

[www.learnatnorth.org](http://www.learnatnorth.org) • 206.934.3705 • [conted@seattlecolleges.edu](mailto:conted@seattlecolleges.edu)