NORTH SEATTLE COLLEGE
CONTINUING EDUCATION
Live to Learn!

Class Supply List

Rhythm for Life: Drumming, Wellness & Brain Health

Instructor: David Levin

- Cajón *(a drum box)* is the primary drum being played in this course.
  - Instruments provided although students are encouraged to acquire their own so practicing at home is possible.
  - Reasonable quality cajóns are available as low as $25 for solid cardboard construction, into higher prices for those constructed of quality woods.
- Pencil
- Notebook

Questions?
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